

SWANSEA
UFO
NETWORK

1
00:00:56,580 --> 00:00:53,000

[Music]

2
00:01:02,850 --> 00:01:00,660
now then tonight now the subject

3
00:01:04,650 --> 00:01:02,860
tonight's meeting is shadow people now I

4
00:01:06,660 --> 00:01:04,660
knew nothing about this till Evelyn said

5
00:01:09,380 --> 00:01:06,670
we thought about shadow people next

6
00:01:11,820 --> 00:01:09,390
month I said okay thanks very much

7
00:01:13,980 --> 00:01:11,830
you're gonna be addressed by myself

8
00:01:15,690 --> 00:01:13,990
and emmalin and I'm also very pleased

9
00:01:17,100 --> 00:01:15,700
that our good friend mr. mark Roy Werth

10
00:01:21,300 --> 00:01:17,110
is with us tonight and you be able to

11
00:01:23,550 --> 00:01:21,310
hear his take on the subject as well now

12
00:01:25,170 --> 00:01:23,560
then it's probably not worthy of

13
00:01:26,850 --> 00:01:25,180

mentioning that none of us have

14

00:01:29,100 --> 00:01:26,860
discussed the subject at all with each

15

00:01:31,320 --> 00:01:29,110
other beforehand so it's gonna be

16

00:01:33,359 --> 00:01:31,330
interesting to see what our different

17

00:01:35,070 --> 00:01:33,369
viewpoints are and where the

18

00:01:40,140 --> 00:01:35,080
subject-matter of our talks may align

19

00:01:41,820 --> 00:01:40,150
overlap conquer differ etc now then I

20

00:01:46,050 --> 00:01:41,830
want to open by discussing the subject

21

00:01:48,600 --> 00:01:46,060
of sleep paralysis so hands up anyone

22

00:01:51,749 --> 00:01:48,610
who's ever experienced hands oh you have

23

00:01:53,280 --> 00:01:51,759
Oh quite a few good excellent good well

24

00:01:55,650 --> 00:01:53,290
if you've never suffered it then believe

25

00:01:58,230 --> 00:01:55,660
me you're lucky I've actually

26
00:02:00,690 --> 00:01:58,240
experienced it about three occasions in

27
00:02:02,100 --> 00:02:00,700
my lifetime with me it's normally

28
00:02:05,730 --> 00:02:02,110
occurred at the end of a night's sleep

29
00:02:08,669 --> 00:02:05,740
just as I'm waking up I find myself

30
00:02:10,919 --> 00:02:08,679
suddenly waking up but unable to move

31
00:02:14,280 --> 00:02:10,929
my limbs are paralyzed I'm unable to

32
00:02:17,190 --> 00:02:14,290
speak now whilst this in itself is

33
00:02:18,870 --> 00:02:17,200
frightening enough situation what makes

34
00:02:22,160 --> 00:02:18,880
it worse is that very often you're also

35
00:02:24,720 --> 00:02:22,170
experiencing a more sinister scenario

36
00:02:27,570 --> 00:02:24,730
and in my case the or scenes of your

37
00:02:29,340 --> 00:02:27,580
presence in the room with me that makes

38
00:02:32,730 --> 00:02:29,350

me feel threatened and it feels

39

00:02:36,780 --> 00:02:32,740

malevolent and on one occasion it showed

40

00:02:38,220 --> 00:02:36,790

yourself as a shadowy figure now I don't

41

00:02:40,170 --> 00:02:38,230

mind telling you I've been absolutely

42

00:02:41,880 --> 00:02:40,180

filled with terror when this happens and

43

00:02:45,949 --> 00:02:41,890

tried to shout out for help to my

44

00:02:47,910 --> 00:02:45,959

partner sleeping next to me thank you

45

00:02:54,289 --> 00:02:47,920

what not creepy

46

00:03:04,199 --> 00:02:58,289

thank you very much thank you we can see

47

00:03:05,970 --> 00:03:04,209

each other again now anyway as I say you

48

00:03:08,069 --> 00:03:05,980

tried no matter how hard you tried to

49

00:03:09,750 --> 00:03:08,079

speaking all you managed to get out is a

50

00:03:13,229 --> 00:03:09,760

sort of a guttural noise another

51
00:03:14,819 --> 00:03:13,239
situation makes it even worse now

52
00:03:16,860 --> 00:03:14,829
eventually fine they slowly begin to

53
00:03:19,500 --> 00:03:16,870
regain the use of my voice and my limbs

54
00:03:21,589 --> 00:03:19,510
and whilst I'm very relieved I'm left

55
00:03:23,910 --> 00:03:21,599
bathed bathed in a bath of perspiration

56
00:03:27,530 --> 00:03:23,920
caused by the struggle to regain the

57
00:03:30,270 --> 00:03:27,540
loss of control that you've experienced

58
00:03:32,159 --> 00:03:30,280
now in many cases the subject may feel

59
00:03:34,589 --> 00:03:32,169
the weight of a body on top of them hot

60
00:03:36,899 --> 00:03:34,599
breath on that cheek a voice in a year

61
00:03:40,649 --> 00:03:36,909
pressure of hands on their shoulders or

62
00:03:43,140 --> 00:03:40,659
even claws digging into their skin so

63
00:03:44,629 --> 00:03:43,150

that what is sleep paralysis and what

64

00:03:48,990 --> 00:03:44,639

causes it

65

00:03:51,149 --> 00:03:49,000

well the NHS described it as follows the

66

00:03:53,189 --> 00:03:51,159

temporary inability to move or speak

67

00:03:56,580 --> 00:03:53,199

that occurs when you're waking up or

68

00:03:58,559 --> 00:03:56,590

fallen asleep now they describe it is

69

00:04:01,500 --> 00:03:58,569

not being harmful and which should pass

70

00:04:04,619 --> 00:04:01,510

within a few seconds or minutes but it

71

00:04:06,869 --> 00:04:04,629

can be very frightening they say that

72

00:04:08,339 --> 00:04:06,879

many people have sleep paralysis once or

73

00:04:10,229 --> 00:04:08,349

twice in their life whilst others

74

00:04:13,680 --> 00:04:10,239

experience it a few times a month or

75

00:04:15,300 --> 00:04:13,690

even more regularly it affects people of

76

00:04:19,860 --> 00:04:15,310

all ages but it's most common in

77

00:04:21,629 --> 00:04:19,870

teenagers and young adults now the NHS

78

00:04:24,600 --> 00:04:21,639

is explanation for it is that you are

79

00:04:26,879 --> 00:04:24,610

unusually experiencing experience in REM

80

00:04:29,909 --> 00:04:26,889

or rapid eye movement when you're

81

00:04:31,439 --> 00:04:29,919

actually waking up now REM normally only

82

00:04:33,570 --> 00:04:31,449

occurs at the deepest point in your

83

00:04:35,129 --> 00:04:33,580

sleep pattern when the only thing that

84

00:04:39,300 --> 00:04:35,139

you can move is your eyes and the

85

00:04:41,100 --> 00:04:39,310

muscles facilitate in life support now

86

00:04:43,320 --> 00:04:41,110

that scenario obviously exists in all

87

00:04:44,870 --> 00:04:43,330

that you can't hurt yourself by acting

88

00:04:47,510 --> 00:04:44,880

out what you're dreaming and it's a term

89

00:04:49,580 --> 00:04:47,520

paradoxical sleep

90

00:04:52,010 --> 00:04:49,590

now we can all accept that particular

91

00:04:55,249 --> 00:04:52,020

part of the NHS is explanation for the

92

00:04:57,469 --> 00:04:55,259

phenomenon but what they don't explain

93

00:04:59,390 --> 00:04:57,479

is why in almost all cases people

94

00:05:01,790 --> 00:04:59,400

experience an accompanying feeling of

95

00:05:03,260 --> 00:05:01,800

terror and often visions of a figure

96

00:05:06,950 --> 00:05:03,270

with them in the room or indeed hovering

97

00:05:07,909 --> 00:05:06,960

above or sitting on top of them sounds

98

00:05:10,550 --> 00:05:07,919

kinky hmm

99

00:05:12,620 --> 00:05:10,560

so has the medical world provided a

100

00:05:15,170 --> 00:05:12,630

scientific explanation for symptom that

101

00:05:19,100 --> 00:05:15,180

is more likely a psychic or spiritual

102

00:05:20,749 --> 00:05:19,110

occurrence well I believe they have I'm

103

00:05:22,999 --> 00:05:20,759

sure they've all sorts of explanations

104

00:05:25,159 --> 00:05:23,009

for many conditions that others accept

105

00:05:26,990 --> 00:05:25,169

as having a spiritual or psychic basis

106

00:05:28,760 --> 00:05:27,000

but I'm also sure that many

107

00:05:31,399 --> 00:05:28,770

knowledgeable groups would disagree with

108

00:05:32,719 --> 00:05:31,409

them an example would be certain members

109

00:05:34,879 --> 00:05:32,729

of the religious profession who were

110

00:05:36,890 --> 00:05:34,889

often called in to cast out demons and

111

00:05:39,710 --> 00:05:36,900

poltergeists from persons or properties

112

00:05:41,029 --> 00:05:39,720

now if they didn't believe then they

113

00:05:44,480 --> 00:05:41,039

wouldn't involve themselves in such

114

00:05:46,399 --> 00:05:44,490

issues with a the phenomena is

115

00:05:49,249 --> 00:05:46,409

absolutely worldwide and I'll give you

116

00:05:52,490 --> 00:05:49,259

some examples in China it's called ghost

117

00:05:55,430 --> 00:05:52,500

depression in Japan Eastern Kawasaki no

118

00:05:58,010 --> 00:05:55,440

that's a bike it's connacher bari which

119

00:06:01,879 --> 00:05:58,020

trots translates as bound or fastened by

120

00:06:05,450 --> 00:06:01,889

metal strips in Turkey it's karabasan it

121

00:06:07,810 --> 00:06:05,460

which translates as the dark pressor and

122

00:06:10,760 --> 00:06:07,820

Fiji is called conative or Oh

123

00:06:12,529 --> 00:06:10,770

translating as eaten by a demon in

124

00:06:16,010 --> 00:06:12,539

nigeria it's called the devil on your

125

00:06:19,029 --> 00:06:16,020

back tibetan vietnamese language is

126

00:06:21,439 --> 00:06:19,039

translated as held down by a shadow a

127

00:06:24,230 --> 00:06:21,449

newfoundland is the curse of the old hag

128

00:06:29,270 --> 00:06:24,240

and southern states of the USA term it

129

00:06:32,570 --> 00:06:29,280

has which ride in ok now picture this

130

00:06:34,399 --> 00:06:32,580

has this ever happened to you you lying

131

00:06:37,820 --> 00:06:34,409

on your bed or sitting comfortably on

132

00:06:39,309 --> 00:06:37,830

your sofa perhaps reading a book or

133

00:06:41,149 --> 00:06:39,319

browsing the pages of a magazine

134

00:06:45,379 --> 00:06:41,159

listening to the radio or watching

135

00:06:46,939 --> 00:06:45,389

television in a dimly lit room all of a

136

00:06:48,740 --> 00:06:46,949

sudden you notice a movement across the

137

00:06:51,439 --> 00:06:48,750

room out of the corner of your eye it

138

00:06:53,659 --> 00:06:51,449

appears as a figure dark and shadow-like

139

00:06:56,629 --> 00:06:53,669

but you know it shouldn't be possible as

140

00:06:58,250 --> 00:06:56,639

you're the only one in the room well you

141

00:06:59,839 --> 00:06:58,260

probably shrug it off and get back to

142

00:07:01,600 --> 00:06:59,849

whatever you were doing but perhaps then

143

00:07:04,130 --> 00:07:01,610

it happens if

144

00:07:05,840 --> 00:07:04,140

this time you look up swiftly perhaps

145

00:07:07,820 --> 00:07:05,850

just in time to see a shadowy figure

146

00:07:12,470 --> 00:07:07,830

disappeared through a ball or out of a

147

00:07:13,880 --> 00:07:12,480

door so what was it a natural shadow

148

00:07:17,090 --> 00:07:13,890

from the dimly lit room

149

00:07:21,020 --> 00:07:17,100

the figment of your imagination the

150

00:07:23,240 --> 00:07:21,030

ghost or was it another worldly being

151
00:07:25,310 --> 00:07:23,250
lurking in the shadows that seems to be

152
00:07:29,890 --> 00:07:25,320
part of the spreading phenomenon of

153
00:07:34,310 --> 00:07:32,390
now some people merely feel a presence

154
00:07:36,290 --> 00:07:34,320
while others actually see a shadow

155
00:07:38,600 --> 00:07:36,300
person appearing like a black silhouette

156
00:07:40,540 --> 00:07:38,610
that is darker than the darkness in the

157
00:07:43,250 --> 00:07:40,550
room

158
00:07:45,920 --> 00:07:43,260
they've been reported as being tall or

159
00:07:48,770 --> 00:07:45,930
short sometimes with a hood or a hat

160
00:07:50,630 --> 00:07:48,780
sometimes without they seem to be able

161
00:07:54,320 --> 00:07:50,640
to move very very quickly and pass

162
00:07:56,300 --> 00:07:54,330
through solid objects if it occurs

163
00:07:58,400 --> 00:07:56,310

whilst the person has been asleep in bed

164

00:08:00,230 --> 00:07:58,410

and sometimes the entity may just stand

165

00:08:02,090 --> 00:08:00,240

over them or sometimes it will climb

166

00:08:06,050 --> 00:08:02,100

onto the victim's body giving them that

167

00:08:08,830 --> 00:08:06,060

feeling of being held down sometimes the

168

00:08:11,240 --> 00:08:08,840

entity will talk other times not

169

00:08:13,550 --> 00:08:11,250

now these shadow people are perceived

170

00:08:15,800 --> 00:08:13,560

entities that appear as a hazy patch of

171

00:08:18,920 --> 00:08:15,810

shadow in the shape of a living humanoid

172

00:08:22,370 --> 00:08:18,930

figure sometimes they're seen with

173

00:08:24,290 --> 00:08:22,380

glowing red or green eyes some of these

174

00:08:26,570 --> 00:08:24,300

entities materialize wearing the

175

00:08:29,000 --> 00:08:26,580

clothing of a medieval monk with a hood

176

00:08:33,800 --> 00:08:29,010

whilst others wear a fedora star style

177

00:08:35,780 --> 00:08:33,810

hats or even a top hat more and more

178

00:08:37,010 --> 00:08:35,790

people are claiming to see these persons

179

00:08:39,770 --> 00:08:37,020

for prolonged periods through the

180

00:08:42,620 --> 00:08:39,780

daytime as well so moving across rooms

181

00:08:44,510 --> 00:08:42,630

and others lurking in doorways and in

182

00:08:45,710 --> 00:08:44,520

some cases there does seem to be a

183

00:08:48,830 --> 00:08:45,720

feeling that they're given off a

184

00:08:53,420 --> 00:08:48,840

menacing vibe of malevolent intent as if

185

00:08:55,400 --> 00:08:53,430

feeding on people's fear or energy now I

186

00:08:57,440 --> 00:08:55,410

know there exists plenty of photographs

187

00:09:00,260 --> 00:08:57,450

and film footage of what purports to be

188

00:09:02,600 --> 00:09:00,270

ghostly images but unless one of these

189

00:09:04,820 --> 00:09:02,610

shadow figures experienced jun-seok or

190

00:09:06,860 --> 00:09:04,830

sleep paralysis is actually filmed or

191

00:09:11,050 --> 00:09:06,870

photographed is very difficult to prove

192

00:09:15,340 --> 00:09:11,060

their existence however what does exist

193

00:09:17,900 --> 00:09:15,350

is corroboration of their appeal

194

00:09:20,240 --> 00:09:17,910

now in the majority of cases shadow

195

00:09:22,280 --> 00:09:20,250

people seem to appear to only one person

196

00:09:24,950 --> 00:09:22,290

at a time but there have been a few

197

00:09:26,720 --> 00:09:24,960

recorded occasions when a second person

198

00:09:29,960 --> 00:09:26,730

has walked in on a shadow

199

00:09:31,550 --> 00:09:29,970

thereby interrupting the attack it would

200

00:09:34,430 --> 00:09:31,560

appear that in these incidents the

201
00:09:37,269 --> 00:09:34,440
shadow disperses quickly taking time to

202
00:09:40,310 --> 00:09:37,279
look at the intruder before going there

203
00:09:42,170 --> 00:09:40,320
are several reported cases someone has

204
00:09:43,940 --> 00:09:42,180
been woken by another person in the same

205
00:09:47,570 --> 00:09:43,950
room and actually shared the same

206
00:09:49,310 --> 00:09:47,580
experience that they're undergoing now

207
00:09:50,930 --> 00:09:49,320
an example of this was a 10 year old boy

208
00:09:53,510 --> 00:09:50,940
who was sharing the same bed as his

209
00:09:54,829 --> 00:09:53,520
mother as he was feeling unwell he'd

210
00:09:57,769 --> 00:09:54,839
been watching television in the bedroom

211
00:09:59,810 --> 00:09:57,779
when he fell asleep not about 2:00 a.m.

212
00:10:02,180 --> 00:09:59,820
he was awoken violently by his mother

213
00:10:04,760 --> 00:10:02,190

had also woken up but she was screaming

214

00:10:07,030 --> 00:10:04,770

loudly she was sitting up and pointing

215

00:10:09,769 --> 00:10:07,040

at a wooden dresser across the bedroom

216

00:10:12,800 --> 00:10:09,779

so the boy saw a shadowy figure which

217

00:10:15,170 --> 00:10:12,810

was perched crouching on it watching his

218

00:10:18,560 --> 00:10:15,180

shrieking mother the figure turned his

219

00:10:20,510 --> 00:10:18,570

head and started staring at the boy as

220

00:10:23,300 --> 00:10:20,520

if realized that the boy too was now

221

00:10:24,650 --> 00:10:23,310

awake he then jumped down from the

222

00:10:26,840 --> 00:10:24,660

dresser and the blurred figure

223

00:10:28,700 --> 00:10:26,850

disappeared out of a doorway into the

224

00:10:32,570 --> 00:10:28,710

hallway the faster speed that any man

225

00:10:34,400 --> 00:10:32,580

could attain from then on his mother

226

00:10:36,079 --> 00:10:34,410

refused to discuss the incident other

227

00:10:37,730 --> 00:10:36,089

than inferring that the shadow figure

228

00:10:40,970 --> 00:10:37,740

had given her a feeling of great

229

00:10:44,420 --> 00:10:40,980

malevolence so what's the explanation

230

00:10:46,160 --> 00:10:44,430

for all this well a number of

231

00:10:48,560 --> 00:10:46,170

suggestions have been proposed over the

232

00:10:51,490 --> 00:10:48,570

years now the first is mental state or

233

00:10:54,170 --> 00:10:51,500

the pull yourself together scenario now

234

00:10:56,390 --> 00:10:54,180

in this case is purported that these

235

00:10:58,820 --> 00:10:56,400

shadowy figures are purely caused by an

236

00:11:00,740 --> 00:10:58,830

individual's state of mind and that

237

00:11:04,910 --> 00:11:00,750

anxiety is stress have caused an

238

00:11:06,230 --> 00:11:04,920

overactive mind how the causes of their

239

00:11:08,570 --> 00:11:06,240

appearance are reported as being

240

00:11:11,390 --> 00:11:08,580

triggered by physiological or

241

00:11:14,420 --> 00:11:11,400

psychological circumstances such as drug

242

00:11:18,040 --> 00:11:14,430

abuse side effects of medication and

243

00:11:22,660 --> 00:11:20,569

now I can accept this explanation as

244

00:11:25,550 --> 00:11:22,670

regards the inability to move or speak

245

00:11:27,230 --> 00:11:25,560

sensations but as far as I'm concerned

246

00:11:29,269 --> 00:11:27,240

it in no way accounts for the appearance

247

00:11:31,069 --> 00:11:29,279

of the menacing figures which worldwide

248

00:11:35,360 --> 00:11:31,079

are always reported accompanied in the

249

00:11:37,699 --> 00:11:35,370

symptoms if it is merely hallucination

250

00:11:39,619 --> 00:11:37,709

and why is it subjects never report seen

251

00:11:42,290 --> 00:11:39,629

anything benign like a vision of Mickey

252

00:11:44,749 --> 00:11:42,300

Mouse a cuddly animal a handsome man or

253

00:11:46,309 --> 00:11:44,759

a beautiful woman there are a host of

254

00:11:50,290 --> 00:11:46,319

things a person could hallucinate about

255

00:11:53,030 --> 00:11:50,300

so why is it always a sinister figure

256

00:11:54,079 --> 00:11:53,040

the second suggestion is that there are

257

00:11:58,429 --> 00:11:54,089

those who believe that extraterrestrials

258

00:12:00,170 --> 00:11:58,439

or aliens the shadow people aliens who

259

00:12:02,090 --> 00:12:00,180

in many cases are just going about their

260

00:12:06,139 --> 00:12:02,100

business on our planet disguise in the

261

00:12:09,319 --> 00:12:06,149

shadows perhaps now in cases of alien

262

00:12:11,389 --> 00:12:09,329

abduction alleged abductees subsequently

263

00:12:14,210 --> 00:12:11,399

nearly always described the atypical

264

00:12:16,400 --> 00:12:14,220

grey alien that either abducts the

265

00:12:18,259 --> 00:12:16,410

person involved or conducts physical

266

00:12:22,819 --> 00:12:18,269

experiments on that person in their own

267

00:12:24,920 --> 00:12:22,829

bedroom many reported cases involving

268

00:12:27,049 --> 00:12:24,930

alien abduction experiences start out

269

00:12:28,999 --> 00:12:27,059

with an initial memory of being strapped

270

00:12:31,790 --> 00:12:29,009

down onto a bed and being unable to move

271

00:12:34,790 --> 00:12:31,800

whilst the figures Leuven or moving over

272

00:12:37,009 --> 00:12:34,800

them now first I don't think this is the

273

00:12:40,730 --> 00:12:37,019

explanation for shadow people but what

274

00:12:43,369 --> 00:12:40,740

we know thirdly there's a paranormal

275

00:12:45,490 --> 00:12:43,379

explanation some people of the opinion

276

00:12:48,319 --> 00:12:45,500

that there are some form of ghost or

277

00:12:51,019 --> 00:12:48,329

manifestation of a residual memory of an

278

00:12:54,740 --> 00:12:51,029

individual whose energy is lingered in

279

00:12:56,389 --> 00:12:54,750

the mortal world this spirit is not yet

280

00:12:58,189 --> 00:12:56,399

passed over to the other side and

281

00:13:00,470 --> 00:12:58,199

possibly this is why we see them as a

282

00:13:02,150 --> 00:13:00,480

dark shadowy figure rather than a ghost

283

00:13:04,519 --> 00:13:02,160

which has taken on the bright light

284

00:13:09,319 --> 00:13:04,529

allegedly experienced we're moving on to

285

00:13:11,929 --> 00:13:09,329

the other side fourthly time travelers

286

00:13:13,100 --> 00:13:11,939

could these shadowy people be humans

287

00:13:16,369 --> 00:13:13,110

travelling back in time

288

00:13:18,369 --> 00:13:16,379

unable to manifest into a solid form due

289

00:13:20,509 --> 00:13:18,379

to the constrictions of time and space

290

00:13:24,010 --> 00:13:20,519

therefore presenting themselves as a

291

00:13:30,950 --> 00:13:28,430

fifthly the fairy realm it is said that

292

00:13:33,230 --> 00:13:30,960

fairies goblins and gnomes exist in a

293

00:13:36,050 --> 00:13:33,240

parallel realm of magic and regularly

294

00:13:38,030 --> 00:13:36,060

passed back and forth between the two it

295

00:13:42,260 --> 00:13:38,040

is said they have analogy towards iron

296

00:13:44,120 --> 00:13:42,270

I'm an analogy towards iron in any way

297

00:13:46,850 --> 00:13:44,130

they tend to shy away from technology

298

00:13:48,770 --> 00:13:46,860

and advances in civilization normally

299

00:13:51,110 --> 00:13:48,780

prefer to appear in natural wooden

300

00:13:53,300 --> 00:13:51,120

wooded surroundings they often

301
00:13:56,960 --> 00:13:53,310
materializes flickering or bright orbs

302
00:13:59,150 --> 00:13:56,970
of white light if anyone remembers the

303
00:14:01,160 --> 00:13:59,160
talk that was presented by Genie urbane

304
00:14:02,930 --> 00:14:01,170
a few months ago you'll no doubt also

305
00:14:07,640 --> 00:14:02,940
remember the stunning photographs she

306
00:14:09,560 --> 00:14:07,650
had taken sex there's a proposal at

307
00:14:11,510 --> 00:14:09,570
these shadow beings are the embodiments

308
00:14:13,100 --> 00:14:11,520
of actual people whose physical bodies

309
00:14:17,600 --> 00:14:13,110
are elsewhere but they're engaged in

310
00:14:19,190 --> 00:14:17,610
astral projection no astral projection

311
00:14:21,410 --> 00:14:19,200
occurs when a person's consciousness

312
00:14:24,770 --> 00:14:21,420
leaves their body either knowingly or

313
00:14:27,050 --> 00:14:24,780

unknowingly to travel this often happens

314

00:14:28,820 --> 00:14:27,060

when a person is asleep and dreaming but

315

00:14:34,700 --> 00:14:28,830

some people are well practiced incapable

316

00:14:35,660 --> 00:14:34,710

of astral projection at will 7 we come

317

00:14:37,460 --> 00:14:35,670

on to the jinn

318

00:14:39,440 --> 00:14:37,470

we can't abide this stuff myself there

319

00:14:42,140 --> 00:14:39,450

you go it's been said that in the

320

00:14:45,980 --> 00:14:42,150

beginning there were three creations man

321

00:14:48,470 --> 00:14:45,990

made of clay or earth and water angels

322

00:14:50,450 --> 00:14:48,480

made a spiritual light and a third being

323

00:14:53,870 --> 00:14:50,460

made of fire which are known as the

324

00:14:55,580 --> 00:14:53,880

Djinn now these are not talked about

325

00:14:57,710 --> 00:14:55,590

much in the Western world being a more

326

00:14:58,970 --> 00:14:57,720

Middle Eastern tradition however in the

327

00:15:02,600 --> 00:14:58,980

Western world we were more likely

328

00:15:04,700 --> 00:15:02,610

referred to them as demons their sense

329

00:15:06,440 --> 00:15:04,710

of being created before man and a

330

00:15:08,840 --> 00:15:06,450

mentioned in the Koran as malicious

331

00:15:11,600 --> 00:15:08,850

wicked beings with supernatural powers

332

00:15:13,360 --> 00:15:11,610

created by God from a pure smokeless

333

00:15:16,010 --> 00:15:13,370

fire

334

00:15:18,100 --> 00:15:16,020

they are convert Lee depicted in many

335

00:15:22,970 --> 00:15:18,110

tales and stories an example being

336

00:15:24,920 --> 00:15:22,980

Aladdin and the genie in the lamp now

337

00:15:26,960 --> 00:15:24,930

the eighth possibility is also a

338

00:15:29,630 --> 00:15:26,970

paranormal explanation and this is the

339

00:15:31,490 --> 00:15:29,640

one I would subscribe to

340

00:15:34,670 --> 00:15:31,500

therefore I'm gonna go into this one a

341

00:15:36,680 --> 00:15:34,680

little bit little bit more detail this

342

00:15:38,690 --> 00:15:36,690

is the theory that the dark entities are

343

00:15:40,790 --> 00:15:38,700

actually interdimensional beings

344

00:15:43,220 --> 00:15:40,800

now many people support this theory

345

00:15:45,530 --> 00:15:43,230

strongly because theoretical physics

346

00:15:47,750 --> 00:15:45,540

physicists believe the laws of physics

347

00:15:52,610 --> 00:15:47,760

allow for other dimensions to exist and

348

00:15:54,829 --> 00:15:52,620

for beings to cross over 95% of the

349

00:15:56,990 --> 00:15:54,839

universe is made up of dark matter which

350

00:15:59,630 --> 00:15:57,000

we cannot see and know little about at

351

00:16:01,850 --> 00:15:59,640

the moment due to this there is the

352

00:16:04,759 --> 00:16:01,860

possibility whether dimensions exist in

353

00:16:06,410 --> 00:16:04,769

which are invisible to us Steven Hawk

354

00:16:09,319 --> 00:16:06,420

and himself has stated that there could

355

00:16:12,220 --> 00:16:09,329

exist shadow galaxies shadows stars and

356

00:16:15,769 --> 00:16:12,230

even shadow people

357

00:16:17,420 --> 00:16:15,779

this means entire populated realms could

358

00:16:21,350 --> 00:16:17,430

exist that we don't even know about

359

00:16:23,269 --> 00:16:21,360

because we can't perceive them the

360

00:16:25,160 --> 00:16:23,279

shadow being phenomena could be caused

361

00:16:29,630 --> 00:16:25,170

by other dimensions that overlap our own

362

00:16:31,759 --> 00:16:29,640

and occasionally intersect with ours now

363

00:16:35,389 --> 00:16:31,769

then has anybody noticed that time seems

364

00:16:38,120 --> 00:16:35,399

to be speeding up yeah did the years

365

00:16:40,009 --> 00:16:38,130

seem to be passing more quickly do you

366

00:16:41,600 --> 00:16:40,019

think summer seems to go a lot quicker

367

00:16:45,740 --> 00:16:41,610

and come and go is it you know a lot

368

00:16:48,139 --> 00:16:45,750

quicker than it used to know why the day

369

00:16:50,150 --> 00:16:48,149

is split into 24 hour increments time

370

00:16:53,930 --> 00:16:50,160

just seems to be moving faster for many

371

00:16:55,759 --> 00:16:53,940

people well if you're one of the people

372

00:16:57,110 --> 00:16:55,769

who think so you may be putting it down

373

00:16:59,420 --> 00:16:57,120

to the fact that you're growing older

374

00:17:02,259 --> 00:16:59,430

and it's a natural thing well let me

375

00:17:04,640 --> 00:17:02,269

tell you now that may not be the reason

376

00:17:06,559 --> 00:17:04,650

this phenomena is not just being

377

00:17:08,240 --> 00:17:06,569

experienced by the older generation but

378

00:17:10,189 --> 00:17:08,250

it's happening right across all of the

379

00:17:13,520 --> 00:17:10,199

age group from teens through to the

380

00:17:16,669 --> 00:17:13,530

elderly everything in existence revolves

381

00:17:21,579 --> 00:17:16,679

around vibration as atoms vibrate to

382

00:17:27,949 --> 00:17:25,340

now then if the atoms vibrate faster the

383

00:17:30,230 --> 00:17:27,959

illusion of time speeding up is created

384

00:17:32,539 --> 00:17:30,240

because physiologically our bodies are

385

00:17:34,100 --> 00:17:32,549

sensing the speeding up of something but

386

00:17:37,640 --> 00:17:34,110

we cannot attribute it to anything other

387

00:17:39,150 --> 00:17:37,650

than time the reason we cannot see other

388

00:17:40,650 --> 00:17:39,160

dimensions is that they are

389

00:17:44,220 --> 00:17:40,660

greater than our higher rate than our

390

00:17:45,750 --> 00:17:44,230

own now if you are experienced in this

391

00:17:47,520 --> 00:17:45,760

phenomena then you may be one of the

392

00:17:49,760 --> 00:17:47,530

people who unbeknown to themselves are

393

00:17:52,920 --> 00:17:49,770

moving between dimensions

394

00:17:54,660 --> 00:17:52,930

this is typified by a large proportion of

395

00:17:57,030 --> 00:17:54,670

the general public was seeming to

396

00:17:58,950 --> 00:17:57,040

remember events slightly differently to

397

00:18:01,230 --> 00:17:58,960

others and this has been termed the

398

00:18:03,560 --> 00:18:01,240

Mandela effect I don't know if anyone's

399

00:18:06,450 --> 00:18:03,570

heard of the Mandela effect yeah okay

400

00:18:08,390 --> 00:18:06,460

the term came to be kind as most people

401
00:18:12,300 --> 00:18:08,400
know that Nelson Mandela was jailed in

402
00:18:13,890 --> 00:18:12,310
1964 released in 1990 but there's a huge

403
00:18:15,690 --> 00:18:13,900
proportion of the population as

404
00:18:18,090 --> 00:18:15,700
strangely seem to remember that Mandela

405
00:18:21,810 --> 00:18:18,100
actually died in jail whilst serving his

406
00:18:23,610 --> 00:18:21,820
sentence there's a lot of examples of

407
00:18:25,590 --> 00:18:23,620
things as let me give you another one

408
00:18:28,020 --> 00:18:25,600
do you remember the old game of Monopoly

409
00:18:30,480 --> 00:18:28,030
to remember the smart little animated

410
00:18:32,430 --> 00:18:30,490
man that used to wear the suit that was

411
00:18:34,170 --> 00:18:32,440
displayed on the box I think his name

412
00:18:37,380 --> 00:18:34,180
was uncle Pennybags does anybody

413
00:18:40,490 --> 00:18:37,390

remember him little old man yeah can

414

00:18:43,170 --> 00:18:40,500

anyone describe it what do you look like

415

00:18:46,380 --> 00:18:43,180

top hat and a monocle thank you

416

00:18:48,720 --> 00:18:46,390

right sometimes monocle

417

00:18:50,250 --> 00:18:48,730

right well a huge proportion the public

418

00:18:52,920 --> 00:18:50,260

would remember in quite distinctly a

419

00:18:56,460 --> 00:18:52,930

sport in a monocle but in our reality he

420

00:18:57,600 --> 00:18:56,470

never ever did okay so are you moving

421

00:19:01,620 --> 00:18:57,610

between dimensions

422

00:19:03,450 --> 00:19:01,630

mmm now then there's a host of examples

423

00:19:05,130 --> 00:19:03,460

of people's memories of things different

424

00:19:07,200 --> 00:19:05,140

to other people so not according to a

425

00:19:08,640 --> 00:19:07,210

lot of experts is evidence that some

426

00:19:10,680 --> 00:19:08,650

people seem to be drifting between

427

00:19:12,390 --> 00:19:10,690

dimensions where the same things are

428

00:19:16,410 --> 00:19:12,400

happening but perhaps the different

429

00:19:17,820 --> 00:19:16,420

outcomes right and degress and a little

430

00:19:19,140 --> 00:19:17,830

bit yeah now are they so let's get back

431

00:19:22,200 --> 00:19:19,150

to shadow people I'm almost finished

432

00:19:24,440 --> 00:19:22,210

actually so no as I've said some people

433

00:19:26,730 --> 00:19:24,450

never experience the phenomena at all

434

00:19:28,470 --> 00:19:26,740

whilst in the case of others like myself

435

00:19:30,110 --> 00:19:28,480

it may be a couple of times in their

436

00:19:32,130 --> 00:19:30,120

lifetime

437

00:19:34,020 --> 00:19:32,140

however there are some people who have

438

00:19:36,360 --> 00:19:34,030

to endure this problem on a regular

439

00:19:41,190 --> 00:19:36,370

basis so how can they protect themselves

440

00:19:42,780 --> 00:19:41,200

from this frightening syndrome well it's

441

00:19:43,920 --> 00:19:42,790

being proved that the best way is just

442

00:19:46,350 --> 00:19:43,930

to stay calm

443

00:19:48,360 --> 00:19:46,360

Assisi said isn't it not to display fear

444

00:19:51,930 --> 00:19:48,370

and mentally tell these entities

445

00:19:54,420 --> 00:19:51,940

depart no ice that seems any all to easy

446

00:19:56,970 --> 00:19:54,430

solution and perhaps not easy for an

447

00:19:58,890 --> 00:19:56,980

occasional sufferer to perform reckless

448

00:20:01,500 --> 00:19:58,900

sufferers do report that by showing that

449

00:20:03,930 --> 00:20:01,510

they have control over the situation it

450

00:20:05,730 --> 00:20:03,940

causes the shadow people to depart being

451
00:20:08,600 --> 00:20:05,740
no longer able to feed on the feeder of

452
00:20:12,780 --> 00:20:11,490
anyway that's more or less my take on

453
00:20:14,790 --> 00:20:12,790
the subject so we'll see what the others

454
00:20:16,770 --> 00:20:14,800
are gonna say in a minute

455
00:20:18,270 --> 00:20:16,780
I'm sure the subject like all the other

456
00:20:20,490 --> 00:20:18,280
ones we discussed may seem quite

457
00:20:22,230 --> 00:20:20,500
outrageous to a lot of people but let's

458
00:20:25,710 --> 00:20:22,240
be fair how much do we read understand

459
00:20:27,480 --> 00:20:25,720
about life and creation we can accept

460
00:20:30,799 --> 00:20:27,490
anything indigenous to our own planet

461
00:20:34,260 --> 00:20:30,809
such as life electricity magnetism and

462
00:20:36,990 --> 00:20:34,270
the Earth's seas and rocks around us but

463
00:20:38,790 --> 00:20:37,000

when we look out at space our

464

00:20:42,510 --> 00:20:38,800

understanding of how it was created

465

00:20:44,940 --> 00:20:42,520

eludes us we tend to think of everything

466

00:20:48,419 --> 00:20:44,950

as having been created in some way and

467

00:20:50,490 --> 00:20:48,429

mainly by us so how do we explain the

468

00:20:53,490 --> 00:20:50,500

existence of the vastness of space or

469

00:20:55,620 --> 00:20:53,500

even the Big Bang Theory something must

470

00:20:57,990 --> 00:20:55,630

have existed before that and where did

471

00:21:00,930 --> 00:20:58,000

that something come from who or what

472

00:21:02,549 --> 00:21:00,940

created it how can we explain the

473

00:21:03,740 --> 00:21:02,559

existence of something if we don't know

474

00:21:06,000 --> 00:21:03,750

how it was created

475

00:21:09,419 --> 00:21:06,010

so how very little we actually

476
00:21:10,710 --> 00:21:09,429
understand so next time someone thinks

477
00:21:12,180 --> 00:21:10,720
it's amusing that you attend these

478
00:21:14,190 --> 00:21:12,190
meetings just bear in mind that they

479
00:21:16,710 --> 00:21:14,200
also have no explanation for the things

480
00:21:18,240 --> 00:21:16,720
we discuss and unfortunately for them

481
00:21:20,700 --> 00:21:18,250
they do not possess the interest or

482
00:21:23,549 --> 00:21:20,710
enthusiasm to try in some way to make

483
00:21:25,560 --> 00:21:23,559
sense of it all anyway thanks for

484
00:21:27,090 --> 00:21:25,570
listening to me that's about it and I

485
00:21:30,969 --> 00:21:27,100
think mark will be up next in a minute

486
00:21:40,430 --> 00:21:37,519
to deceive everybody I'm gonna start by

487
00:21:44,269 --> 00:21:40,440
sharing a couple first-time experiences

488
00:21:46,129 --> 00:21:44,279

personal experiences with yourselves to

489

00:21:48,879 --> 00:21:46,139

do with this subject I've had quite a

490

00:21:52,489 --> 00:21:48,889

bit of experience with shadow people and

491

00:21:58,430 --> 00:21:52,499

also dealing with them as well which can

492

00:22:00,380 --> 00:21:58,440

be easy sometimes but different kinds of

493

00:22:02,589 --> 00:22:00,390

shadow people this is just a sketch and

494

00:22:04,729 --> 00:22:02,599

[Music]

495

00:22:05,899 --> 00:22:04,739

as I said I didn't I didn't get the

496

00:22:08,869 --> 00:22:05,909

pictures of a gamblin will cover the

497

00:22:11,509 --> 00:22:08,879

pictures he's got quite a lot there but

498

00:22:14,450 --> 00:22:11,519

you spider looking ones which I've seen

499

00:22:15,950 --> 00:22:14,460

twice and you've got the figures then

500

00:22:18,080 --> 00:22:15,960

I've not seen the one in the Hat but

501
00:22:19,460 --> 00:22:18,090
I've just seen the I've not seen a

502
00:22:23,779 --> 00:22:19,470
hooded figure ever I've just you seen

503
00:22:26,060 --> 00:22:23,789
the silhouette of the shadow people but

504
00:22:29,229 --> 00:22:26,070
it's fascinating to see there is

505
00:22:32,570 --> 00:22:29,239
different kinds there's even the small

506
00:22:35,479 --> 00:22:32,580
spider kind which I saw twice we're in

507
00:22:40,310 --> 00:22:35,489
towards me which max P has reported

508
00:22:47,599 --> 00:22:40,320
before he passed or did he pass that's

509
00:22:49,960 --> 00:22:47,609
the question I own it lady so it's

510
00:22:53,960 --> 00:22:49,970
different names for the shadow people

511
00:22:57,109 --> 00:22:53,970
throughout the world we have the serpent

512
00:22:59,810 --> 00:22:57,119
gods as Far Eastern Central America we

513
00:23:02,440 --> 00:22:59,820

have the Chitauri which is a Zulu we

514

00:23:07,249 --> 00:23:02,450

have snake brothers Hopi demons

515

00:23:09,950 --> 00:23:07,259

Christianity archons Gnostic jinn Islam

516

00:23:12,950 --> 00:23:09,960

and shadow people it's just a broad term

517

00:23:18,440 --> 00:23:12,960

as covered by people identifying what

518

00:23:21,859 --> 00:23:18,450

they see and basically now some of the

519

00:23:25,190 --> 00:23:21,869

personal encounters that I first under

520

00:23:27,219 --> 00:23:25,200

here and experience one was that my

521

00:23:31,279 --> 00:23:27,229

mother's and this was you years ago and

522

00:23:35,930 --> 00:23:31,289

these encounters didn't end too well my

523

00:23:39,289 --> 00:23:35,940

sister at a party at my mother's she

524

00:23:42,360 --> 00:23:39,299

lives down in langland and one of her

525

00:23:46,620 --> 00:23:42,370

friends male friend stayed in a bedroom

526

00:23:48,450 --> 00:23:46,630

ethic and he in the morning when they

527

00:23:52,380 --> 00:23:48,460

woke up at breakfast he said he saw a

528

00:23:56,720 --> 00:23:52,390

dark figure standing by the door which

529

00:24:00,870 --> 00:23:56,730

is there for a long time that day he

530

00:24:03,690 --> 00:24:00,880

died in a car accident so sometimes

531

00:24:05,430 --> 00:24:03,700

these kind of encounters are experienced

532

00:24:08,700 --> 00:24:05,440

it seems that they were in the right

533

00:24:11,460 --> 00:24:08,710

place at the right time for the fear or

534

00:24:13,799 --> 00:24:11,470

the trauma because again that's where I

535

00:24:18,930 --> 00:24:13,809

believe that they they feed on a life

536

00:24:21,060 --> 00:24:18,940

force the other one this is when I was

537

00:24:24,390 --> 00:24:21,070

10 and is about the same time as I saw

538

00:24:28,350 --> 00:24:24,400

the the triangles back many years ago I

539

00:24:31,919 --> 00:24:28,360

was a summer room there I was with my

540

00:24:33,919 --> 00:24:31,929

mother in her friends and her friend

541

00:24:36,450 --> 00:24:33,929

explained that she saw her husband

542

00:24:39,360 --> 00:24:36,460

walking out the door to go down to the

543

00:24:42,000 --> 00:24:39,370

tower Pingo and there was a black shadow

544

00:24:44,880 --> 00:24:42,010

behind him and he had a heart attack

545

00:24:46,710 --> 00:24:44,890

help set the tower being one died so I

546

00:24:48,419 --> 00:24:46,720

thought I'd cover these ones for this

547

00:24:49,950 --> 00:24:48,429

Halloween I'm just asking you and

548

00:24:55,230 --> 00:24:49,960

hopefully you know he's looking over

549

00:24:57,270 --> 00:24:55,240

your shoulders on the way home recently

550

00:24:59,910 --> 00:24:57,280

counter this was within the last two

551

00:25:03,150 --> 00:24:59,920

weeks this was in corner this is my

552

00:25:06,690 --> 00:25:03,160

friend Steve his friend I told him and

553

00:25:08,010 --> 00:25:06,700

Steve posted up to us they they were

554

00:25:09,990 --> 00:25:08,020

driving down in the Cornwall it was a

555

00:25:12,090 --> 00:25:10,000

the whole family in the car I think it

556

00:25:13,980 --> 00:25:12,100

was four of them and they saw a black

557

00:25:16,350 --> 00:25:13,990

shadow on the side of the road and they

558

00:25:19,320 --> 00:25:16,360

were wondering if it was going to cross

559

00:25:20,700 --> 00:25:19,330

the road and lo and behold it did we

560

00:25:26,120 --> 00:25:20,710

crossed the road and they all saw it

561

00:25:31,590 --> 00:25:29,490

encounters in my house not much gets

562

00:25:37,680 --> 00:25:31,600

past me I gotta be honest my peripheral

563

00:25:38,880 --> 00:25:37,690

vision vision is superb and I often see

564

00:25:42,330 --> 00:25:38,890

them passing through and I think I think

565

00:25:43,710 --> 00:25:42,340

they pass through generally we can't

566

00:25:46,110 --> 00:25:43,720

stop them they just they come into a

567

00:25:47,910 --> 00:25:46,120

realm and they take a look around they

568

00:25:50,730 --> 00:25:47,920

look at where they can feed they look at

569

00:25:52,860 --> 00:25:50,740

any experience where they can aggravate

570

00:25:54,470 --> 00:25:52,870

the situation to create more that

571

00:25:59,360 --> 00:25:54,480

negative energy

572

00:26:00,770 --> 00:25:59,370

and they feed of that basically - with

573

00:26:04,039 --> 00:26:00,780

my little girl I was sitting on the

574

00:26:07,159 --> 00:26:04,049

sandy downstairs and I saw a black line

575

00:26:09,409 --> 00:26:07,169

go through the ceiling immediately after

576

00:26:15,830 --> 00:26:09,419

my little girl started screaming in the

577

00:26:19,280 --> 00:26:15,840

bedroom so I run upstairs and obviously

578

00:26:21,650 --> 00:26:19,290

try to tune in to see what was there

579

00:26:24,020 --> 00:26:21,660

there was one of the spider entities I

580

00:26:27,440 --> 00:26:24,030

could see and I could see it was like

581

00:26:29,390 --> 00:26:27,450

floating and it's they were on feet

582

00:26:31,549 --> 00:26:29,400

there was just like whoosh she's been a

583

00:26:35,360 --> 00:26:31,559

guard in the corner by her by her bed so

584

00:26:38,030 --> 00:26:35,370

I wasn't able to deal with that one

585

00:26:40,669 --> 00:26:38,040

it was very dense but very heavy so I

586

00:26:43,010 --> 00:26:40,679

ended up taking her out of the room and

587

00:26:46,039 --> 00:26:43,020

waiting for things to disperse a bit but

588

00:26:48,020 --> 00:26:46,049

they did in the end so every night when

589

00:26:50,390 --> 00:26:48,030

my daughter goes to bed i clear that

590

00:26:53,060 --> 00:26:50,400

room for and put a little protection

591

00:26:57,789 --> 00:26:53,070

around there so obviously they're coming

592

00:27:02,000 --> 00:26:57,799

in and I think they have an ability to

593

00:27:04,700 --> 00:27:02,010

affect our dream state and they can

594

00:27:07,390 --> 00:27:04,710

create thing for it is to have bad

595

00:27:10,220 --> 00:27:07,400

dreams as well which again feeds them

596

00:27:11,990 --> 00:27:10,230

where they can get a sleep paralysis and

597

00:27:21,380 --> 00:27:12,000

they can sit on you then and do all

598

00:27:24,980 --> 00:27:21,390

sorts of things so this is a an excerpt

599

00:27:27,770 --> 00:27:24,990

from Carlos Castaneda us and this was

600

00:27:30,680 --> 00:27:27,780

Don g'wan was the shame and was talking

601
00:27:32,030 --> 00:27:30,690
to Carlos Castaneda we have a predator

602
00:27:34,100 --> 00:27:32,040
that came from the depths of the cosmos

603
00:27:35,990 --> 00:27:34,110
and took over the rule of our lives

604
00:27:37,610 --> 00:27:36,000
human beings are its prisoners the

605
00:27:40,820 --> 00:27:37,620
predator is our Lord and Master

606
00:27:42,799 --> 00:27:40,830
it has rendered us docile they took us

607
00:27:46,400 --> 00:27:42,809
over because we had food to them and

608
00:27:48,710 --> 00:27:46,410
they squeezed us mercilessly because we

609
00:27:52,310 --> 00:27:48,720
are their sustenance just as we read

610
00:27:54,070 --> 00:27:52,320
chickens in hoops human arrows therefore

611
00:27:58,070 --> 00:27:54,080
their food is always available to them

612
00:28:00,409 --> 00:27:58,080
and I believe this and I've kind of been

613
00:28:04,010 --> 00:28:00,419

aware of this for some time

614

00:28:06,580 --> 00:28:04,020

but as I say they are easy to deal with

615

00:28:09,759 --> 00:28:06,590

and I think there's different levels of

616

00:28:15,039 --> 00:28:09,769

shadow people some are really heavy

617

00:28:16,869 --> 00:28:15,049

really I don't say evil but because they

618

00:28:21,009 --> 00:28:16,879

are just a species at the end of the day

619

00:28:22,899 --> 00:28:21,019

and some they have intelligence and some

620

00:28:29,249 --> 00:28:22,909

are easy to go some you can simply ask

621

00:28:34,869 --> 00:28:31,899

so this is from a friend toward a theory

622

00:28:36,730 --> 00:28:34,879

says he posted this last night and I

623

00:28:39,999 --> 00:28:36,740

asked him if I could use this which he

624

00:28:43,450 --> 00:28:40,009

said was ok give me his blessing he puts

625

00:28:45,669 --> 00:28:43,460

this for me I no longer subscribe to the

626
00:28:47,499 --> 00:28:45,679
belief that physical spacecraft occupied

627
00:28:50,859 --> 00:28:47,509
by non-human intelligences from other

628
00:28:52,570 --> 00:28:50,869
star systems are visiting earth after

629
00:28:54,220 --> 00:28:52,580
having many close encounters in the

630
00:28:56,710 --> 00:28:54,230
waking state dream state another body

631
00:28:57,700 --> 00:28:56,720
state I've come to the conclusion we did

632
00:29:00,070 --> 00:28:57,710
in this clue sleep with an

633
00:29:02,049 --> 00:29:00,080
interdimensional phenomenon I would also

634
00:29:04,570 --> 00:29:02,059
go as far to say that my personal

635
00:29:06,940 --> 00:29:04,580
experiences of this phenomenon lead to

636
00:29:09,159 --> 00:29:06,950
me lead me to believe there is a

637
00:29:11,590 --> 00:29:09,169
deliberate intrusion on humanity by

638
00:29:13,269 --> 00:29:11,600

certain interdimensional beings who in

639

00:29:16,109 --> 00:29:13,279

collusion with select world governments

640

00:29:20,200 --> 00:29:16,119

are using technology to adversely affect

641

00:29:22,600 --> 00:29:20,210

our perceptions of reality too many

642

00:29:24,700 --> 00:29:22,610

recent al-abadi experience I was advised

643

00:29:27,249 --> 00:29:24,710

by a trusted non-physical friend to

644

00:29:29,590 --> 00:29:27,259

recalibrate my nervous system on a daily

645

00:29:31,779 --> 00:29:29,600

basis as a countermeasure against this

646

00:29:34,180 --> 00:29:31,789

alien technology which is capable of

647

00:29:36,970 --> 00:29:34,190

affecting us physically as well as

648

00:29:38,649 --> 00:29:36,980

psychically non my non-physical friend

649

00:29:41,470 --> 00:29:38,659

also warned of the dangers of manmade

650

00:29:43,320 --> 00:29:41,480

technologies that being designed to

651
00:29:46,989 --> 00:29:43,330
blanket the earth in an unnatural

652
00:29:49,090 --> 00:29:46,999
radiation signals from my research I'm

653
00:29:53,680 --> 00:29:49,100
fairly certain he was referring to the

654
00:29:57,369 --> 00:29:53,690
global rollout of 5g by 2020 and more

655
00:29:59,019 --> 00:29:57,379
soon Todd is an expert on of the body

656
00:30:01,389 --> 00:29:59,029
experiences I know a number of you

657
00:30:04,060 --> 00:30:01,399
probably heard of him here

658
00:30:06,129 --> 00:30:04,070
some of the stories of him leaving his

659
00:30:09,070 --> 00:30:06,139
body and experiments done has been

660
00:30:12,669 --> 00:30:09,080
absolutely amazing and even to the point

661
00:30:14,980 --> 00:30:12,679
where he's reported military bases out

662
00:30:17,820 --> 00:30:14,990
on the astral realm and this is how big

663
00:30:20,769 --> 00:30:17,830

it gets and I think this is

664

00:30:23,799 --> 00:30:20,779

there's a war going on around us with

665

00:30:26,769 --> 00:30:23,809

these beans we don't even understand and

666

00:30:28,870 --> 00:30:26,779

we you know a lot of us don't haven't

667

00:30:30,130 --> 00:30:28,880

got the perception to see that but I

668

00:30:34,269 --> 00:30:30,140

think more and more people are waking up

669

00:30:37,090 --> 00:30:34,279

to this phenomenon and a lot more people

670

00:30:39,519 --> 00:30:37,100

are becoming more aware more sensitive

671

00:30:41,680 --> 00:30:39,529

and easier of more people getting off

672

00:30:42,789 --> 00:30:41,690

the body and doing these things and

673

00:30:45,909 --> 00:30:42,799

seeing these things and speaking to

674

00:30:47,649 --> 00:30:45,919

people so it's very interesting coming

675

00:30:49,450 --> 00:30:47,659

from Toby FinTech check out his Facebook

676

00:30:52,830 --> 00:30:49,460

page or his website here's some

677

00:30:55,090 --> 00:30:52,840

fascinating videos lawrence posted the

678

00:30:57,970 --> 00:30:55,100

first one up which got me on to him

679

00:30:59,049 --> 00:30:57,980

actually and then from synchronicity was

680

00:31:02,169 --> 00:30:59,059

on a friend that got me in touch with

681

00:31:08,169 --> 00:31:02,179

him so yeah very interesting guy he

682

00:31:11,769 --> 00:31:08,179

knows for a bit so their reasons and in

683

00:31:14,230 --> 00:31:11,779

dressing us obviously source of food and

684

00:31:18,159 --> 00:31:14,240

sustenance sustenance and we've been

685

00:31:20,909 --> 00:31:18,169

this for a long time and I think the

686

00:31:24,960 --> 00:31:20,919

more we understand with this phenomena

687

00:31:27,070 --> 00:31:24,970

the less effect they can have on us

688

00:31:29,490 --> 00:31:27,080

because we understand when we feel

689

00:31:32,320 --> 00:31:29,500

certain things when we when we sense

690

00:31:36,970 --> 00:31:32,330

that being behind us or looking over our

691

00:31:40,169 --> 00:31:36,980

shoulders there's things we can do which

692

00:31:44,350 --> 00:31:40,179

I'll get onto a little bit later but

693

00:31:45,820 --> 00:31:44,360

yeah that's one of the things we can

694

00:31:49,210 --> 00:31:45,830

create what they want through

695

00:31:51,220 --> 00:31:49,220

manipulating us and I believe that we as

696

00:31:53,380 --> 00:31:51,230

humans are the creators of this realm

697

00:31:56,049 --> 00:31:53,390

everything about us the whole systems

698

00:31:58,180 --> 00:31:56,059

our brains everything is geared up to

699

00:32:02,260 --> 00:31:58,190

live on this realm in this heart realm

700

00:32:06,010 --> 00:32:02,270

and they can only create through us and

701
00:32:09,060 --> 00:32:06,020
through manipulating us so they use us

702
00:32:14,169 --> 00:32:09,070
and they've used this for a long time

703
00:32:16,210 --> 00:32:14,179
and to get aware people the interview of

704
00:32:19,310 --> 00:32:16,220
fear with our harmony to create energy

705
00:32:21,290 --> 00:32:19,320
again repeating

706
00:32:23,180 --> 00:32:21,300
you know you hear reports of people

707
00:32:25,670 --> 00:32:23,190
going through a divorce or split with

708
00:32:27,710 --> 00:32:25,680
kids and general disharmony in the

709
00:32:29,330 --> 00:32:27,720
household and then they start becoming

710
00:32:33,110 --> 00:32:29,340
sensitive and seeing things

711
00:32:36,830 --> 00:32:33,120
these beings moving we in a weird way we

712
00:32:38,240 --> 00:32:36,840
shine bright - then on that realm when

713
00:32:41,720 --> 00:32:38,250

things are happening in our lives so

714

00:32:43,760 --> 00:32:41,730

they tune in and kind of a feed

715

00:32:45,950 --> 00:32:43,770

basically so they chomp off our life

716

00:32:49,910 --> 00:32:45,960

force and we feel like crap the next day

717

00:32:52,040 --> 00:32:49,920

but thinking we won't sleep apnea or

718

00:32:56,750 --> 00:32:52,050

something but there there's more to it

719

00:33:01,450 --> 00:32:56,760

there's more to it when I've covered in

720

00:33:04,940 --> 00:33:01,460

the higher part of our existence I

721

00:33:08,660 --> 00:33:04,950

believe they do control government

722

00:33:11,150 --> 00:33:08,670

agencies high-level government I believe

723

00:33:16,280 --> 00:33:11,160

they do create wars they got a specific

724

00:33:17,600 --> 00:33:16,290

set up with wars they will manipulate

725

00:33:20,860 --> 00:33:17,610

their governments to go towards which

726

00:33:24,530 --> 00:33:20,870

with each other it's interesting to know

727

00:33:28,490 --> 00:33:24,540

but there is there's certain ways with a

728

00:33:31,940 --> 00:33:28,500

mass probably Catholic war they'll

729

00:33:33,710 --> 00:33:31,950

always set an obelisk up somewhere okay

730

00:33:37,490 --> 00:33:33,720

and the obelisk I believe is to troll

731

00:33:39,460 --> 00:33:37,500

the energy in a big way of our realm and

732

00:33:45,250 --> 00:33:39,470

into their astral realm were they from

733

00:33:50,180 --> 00:33:45,260

so that's that's one of us the setups of

734

00:33:51,710 --> 00:33:50,190

what they do and we are we are literally

735

00:33:55,810 --> 00:33:51,720

their reason for living

736

00:33:59,810 --> 00:33:55,820

they can't experience what we experience

737

00:34:03,640 --> 00:33:59,820

through through consumed in us and our

738

00:34:05,780 --> 00:34:03,650

energy they experience highs the light

739

00:34:07,700 --> 00:34:05,790

different realms they can't do it

740

00:34:10,580 --> 00:34:07,710

themselves because they're not from here

741

00:34:12,080 --> 00:34:10,590

they from the lower realms so they have

742

00:34:15,110 --> 00:34:12,090

different things down there probably

743

00:34:16,580 --> 00:34:15,120

that wouldn't be interesting to us I can

744

00:34:18,320 --> 00:34:16,590

say that I won't be interesting down

745

00:34:21,770 --> 00:34:18,330

looked on there but they get to

746

00:34:24,530 --> 00:34:21,780

experience or they get us to manipulate

747

00:34:26,849 --> 00:34:24,540

things with our minds or the guys to

748

00:34:29,069 --> 00:34:26,859

create things with our minds for them

749

00:34:33,119 --> 00:34:29,079

and because I believe as a mass

750

00:34:35,279 --> 00:34:33,129

consciousness as a mass species if

751
00:34:37,129 --> 00:34:35,289
something's reported on the news which I

752
00:34:40,049 --> 00:34:37,139
believe is from them in the first place

753
00:34:43,109 --> 00:34:40,059
then it hits a target area of a large

754
00:34:44,999 --> 00:34:43,119
amount of people we start believing it

755
00:34:47,339 --> 00:34:45,009
because a lot of us still believe the

756
00:34:48,389 --> 00:34:47,349
news and when we start believing it we

757
00:34:50,669 --> 00:34:48,399
give our 1/10 to it

758
00:34:53,059 --> 00:34:50,679
and then we create it and I believe a

759
00:34:57,690 --> 00:34:53,069
hundred percent believe this is how our

760
00:34:59,069 --> 00:34:57,700
reality works and we are these a bit of

761
00:35:03,599 --> 00:34:59,079
an illusion and I think it's like

762
00:35:08,249 --> 00:35:03,609
playdough they can go either way so

763
00:35:10,620 --> 00:35:08,259

again as Steve told about timelines yeah

764

00:35:13,699 --> 00:35:10,630

the alignment is happening we keep a

765

00:35:16,890 --> 00:35:13,709

line in and I think timelines do shift

766

00:35:18,599 --> 00:35:16,900

and we experience different things so I

767

00:35:22,170 --> 00:35:18,609

think we all jump in all the time and I

768

00:35:24,180 --> 00:35:22,180

think it is down to our level of

769

00:35:27,870 --> 00:35:24,190

perception as well that allows us to

770

00:35:29,999 --> 00:35:27,880

jump in a specific direction so just

771

00:35:38,729 --> 00:35:30,009

it's knowledge again knowledge is power

772

00:35:41,870 --> 00:35:38,739

so on our planet we have as most of you

773

00:35:44,999 --> 00:35:41,880

know the of ley lines energy centers

774

00:35:47,939 --> 00:35:45,009

within the big grids there's a smaller

775

00:35:49,529 --> 00:35:47,949

grid and then within the smaller grids

776

00:35:52,319 --> 00:35:49,539

this smaller grids and it keeps coming

777

00:35:55,529 --> 00:35:52,329

down like a whittling down so little

778

00:36:04,430 --> 00:35:55,539

little energy centers and little portals

779

00:36:10,589 --> 00:36:07,529

because I believe they come in and out

780

00:36:13,699 --> 00:36:10,599

of our realm and I believe I believe

781

00:36:18,329 --> 00:36:13,709

they're they are highly advanced I

782

00:36:22,469 --> 00:36:18,339

believe they use frequency and they use

783

00:36:24,900 --> 00:36:22,479

these energy centers to come in and so I

784

00:36:27,650 --> 00:36:24,910

think this a mapping system I think each

785

00:36:30,989 --> 00:36:27,660

energy center has a particular sine wave

786

00:36:34,680 --> 00:36:30,999

they match the sine wave with our

787

00:36:36,150 --> 00:36:34,690

frequency or the frequency of that that

788

00:36:38,249 --> 00:36:36,160

portal and they're able to open it up

789

00:36:39,350 --> 00:36:38,259

and I think it's very simple from they

790

00:36:42,440 --> 00:36:39,360

doing this

791

00:36:45,500 --> 00:36:42,450

all the time I think this is the way we

792

00:36:47,930 --> 00:36:45,510

as a species used to operate but we have

793

00:36:50,810 --> 00:36:47,940

that taken from us because we are built

794

00:36:52,040 --> 00:36:50,820

for it so what I've got me by here but

795

00:36:55,870 --> 00:36:52,050

the crystals and our brain has been

796

00:36:58,820 --> 00:36:55,880

recently discovered by mainstream but I

797

00:37:00,680 --> 00:36:58,830

have to say in the alternative field

798

00:37:05,360 --> 00:37:00,690

it's been known for a long time

799

00:37:07,580 --> 00:37:05,370

we have crystals in our brain and the

800

00:37:12,520 --> 00:37:07,590

crystals in our brain resonates with the

801
00:37:17,720 --> 00:37:12,530
different portals across the planet so

802
00:37:20,870 --> 00:37:17,730
to do with sine waves I want to say if

803
00:37:24,410 --> 00:37:20,880
you play a sine wave I think around

804
00:37:27,290 --> 00:37:24,420
about 14,000 Hertz our ears can't hear

805
00:37:29,180 --> 00:37:27,300
it anymore but when you get there you

806
00:37:34,730 --> 00:37:29,190
still have the ring in the new years and

807
00:37:39,290 --> 00:37:34,740
I believe at some times you know when we

808
00:37:42,580 --> 00:37:39,300
sit in there and we hear that mm-hmm

809
00:37:45,470 --> 00:37:42,590
I believe that within our proximity

810
00:37:48,260 --> 00:37:45,480
there's a portal being activated because

811
00:37:53,720 --> 00:37:48,270
sine waves open them it's just very

812
00:37:55,730 --> 00:37:53,730
interesting it's very interesting thing

813
00:37:57,380 --> 00:37:55,740

to understand and get a grip offer and

814

00:38:03,800 --> 00:37:57,390

see how sound works and see how

815

00:38:06,880 --> 00:38:03,810

frequency deals with our reality also

816

00:38:09,320 --> 00:38:06,890

from the crystals I believe also the new

817

00:38:12,440 --> 00:38:09,330

thing which has gone mainstream again is

818

00:38:15,380 --> 00:38:12,450

the geometric structures that they found

819

00:38:17,570 --> 00:38:15,390

in our brain which you know going back

820

00:38:20,780 --> 00:38:17,580

to looking at symbology and stuff like

821

00:38:23,020 --> 00:38:20,790

that the geometric symbols esoteric

822

00:38:26,360 --> 00:38:23,030

symbols and stuff

823

00:38:28,640 --> 00:38:26,370

we create these symbols naturally with

824

00:38:32,210 --> 00:38:28,650

our everyday thoughts and I believe the

825

00:38:35,020 --> 00:38:32,220

crystals vibrate in our brains and in

826

00:38:40,100 --> 00:38:35,030

our brains make the geometric structures

827

00:38:42,020 --> 00:38:40,110

which levels our frequency with whatever

828

00:38:43,970 --> 00:38:42,030

we rely on aligned in two at a time you

829

00:38:46,940 --> 00:38:43,980

know whether it's reading a paper where

830

00:38:49,010 --> 00:38:46,950

the reason a book whatever thought

831

00:38:53,600 --> 00:38:49,020

process we going through we aligned with

832

00:38:54,830 --> 00:38:53,610

it so it's very interesting very

833

00:38:56,660 --> 00:38:54,840

interesting thing to look up

834

00:38:58,520 --> 00:38:56,670

I've got the links which are gonna

835

00:39:00,200 --> 00:38:58,530

internet connection on this iPad if you

836

00:39:02,090 --> 00:39:00,210

want the links you can check out this

837

00:39:05,990 --> 00:39:02,100

information for yourselves it's very

838

00:39:13,130 --> 00:39:06,000

interesting anyway into it so dealing

839

00:39:16,550 --> 00:39:13,140

with encounters for me it's I've had

840

00:39:19,910 --> 00:39:16,560

quite a bit experience with this kind of

841

00:39:23,120 --> 00:39:19,920

thing and the easiest thing I will say

842

00:39:26,630 --> 00:39:23,130

to do is a lot of people say imagine

843

00:39:29,600 --> 00:39:26,640

light and surround them in light but I

844

00:39:32,780 --> 00:39:29,610

think obviously our emotions our

845

00:39:34,700 --> 00:39:32,790

feelings feeling of love is is light

846

00:39:39,950 --> 00:39:34,710

everything's light and sound and

847

00:39:42,740 --> 00:39:39,960

resonance so if you took your family

848

00:39:45,200 --> 00:39:42,750

remember that you loved dearly and you

849

00:39:46,640 --> 00:39:45,210

can imagine embracing them this is the

850

00:39:48,110 --> 00:39:46,650

best this this is the one that's always

851
00:39:50,870 --> 00:39:48,120
worked for me when I felt them come

852
00:39:53,440 --> 00:39:50,880
across it's a good test as well but if

853
00:39:57,170 --> 00:39:53,450
you've used this and they go quickly

854
00:39:59,660 --> 00:39:57,180
it's more or less a lower vibrational

855
00:40:03,260 --> 00:39:59,670
entity if they hang around is a higher

856
00:40:06,410 --> 00:40:03,270
vibrational entity so you imagined for

857
00:40:08,210 --> 00:40:06,420
me I'll make an example myself I imagine

858
00:40:10,610 --> 00:40:08,220
my little girl and I imagine embracing

859
00:40:13,430 --> 00:40:10,620
her and loving her and then when I feel

860
00:40:16,040 --> 00:40:13,440
that loving feeling I spread it up

861
00:40:19,400 --> 00:40:16,050
around and I spread it out over the

862
00:40:22,540 --> 00:40:19,410
entity as well alright so that he's

863
00:40:25,280 --> 00:40:22,550

feeling it if they can tolerate that

864

00:40:26,690 --> 00:40:25,290

then they worthy of staying there but if

865

00:40:29,060 --> 00:40:26,700

they can't it goes straight away and

866

00:40:32,060 --> 00:40:29,070

more often or not they leave straight

867

00:40:35,690 --> 00:40:32,070

away straight away so it's kind of a

868

00:40:38,000 --> 00:40:35,700

test and through doing this I don't get

869

00:40:40,880 --> 00:40:38,010

as many sightings anymore I think they

870

00:40:44,480 --> 00:40:40,890

kind of know and they leave me alone but

871

00:40:48,680 --> 00:40:44,490

I heard about other people with these

872

00:40:50,060 --> 00:40:48,690

problems and with these issues going on

873

00:40:52,460 --> 00:40:50,070

and not knowing how to deal with it I

874

00:40:54,650 --> 00:40:52,470

feel like and sometimes I want to be

875

00:40:56,420 --> 00:40:54,660

there to help um is very simple once you

876

00:40:56,810 --> 00:40:56,430

understand what's operate in what's

877

00:41:00,830 --> 00:40:56,820

going

878

00:41:02,570 --> 00:41:00,840

the house and you know how a shift in

879

00:41:09,410 --> 00:41:02,580

awareness and consciousness can actually

880

00:41:14,930 --> 00:41:09,420

change the whole household household so

881

00:41:16,220 --> 00:41:14,940

that's basically it with my part hope

882

00:41:18,170 --> 00:41:16,230

you I hope you see unless you give me

883

00:41:26,440 --> 00:41:18,180

something else to think about any

884

00:41:28,550 --> 00:41:26,450

questions thank you I'm not an expert

885

00:41:32,000 --> 00:41:28,560

most of the information I got here is

886

00:41:34,910 --> 00:41:32,010

from people that we've talked to her

887

00:41:37,070 --> 00:41:34,920

since we started the group and a lot of

888

00:41:39,500 --> 00:41:37,080

internet because there's the the best

889

00:41:43,010 --> 00:41:39,510

place these days for information if we

890

00:41:45,350 --> 00:41:43,020

research in something when we start

891

00:41:47,240 --> 00:41:45,360

before we start with a group I'd never

892

00:41:50,750 --> 00:41:47,250

heard a shadow people obviously I'd had

893

00:41:53,360 --> 00:41:50,760

a couple of sleep paralysis episodes

894

00:41:55,940 --> 00:41:53,370

feeling of malevolent presence in the

895

00:42:04,550 --> 00:41:55,950

room first time in Hampton music it was

896

00:42:05,750 --> 00:42:04,560

in the hospital Hotel in France and like

897

00:42:08,780 --> 00:42:05,760

Steve I think probably three or four

898

00:42:11,240 --> 00:42:08,790

times throughout my life I've had dreams

899

00:42:13,130 --> 00:42:11,250

where I've been in like in the house or

900

00:42:15,320 --> 00:42:13,140

a room and there's a presence in the

901
00:42:16,640 --> 00:42:15,330
room this will pop the scenario and the

902
00:42:19,160 --> 00:42:16,650
dream you know you think of it as a

903
00:42:22,310 --> 00:42:19,170
haunted home so this is this something

904
00:42:24,680 --> 00:42:22,320
there and it's quite horrible feeling

905
00:42:26,780 --> 00:42:24,690
actually in the dreams like that and as

906
00:42:29,840 --> 00:42:26,790
Mark said I think a lot of dreams can be

907
00:42:32,090 --> 00:42:29,850
influenced by these beings because other

908
00:42:35,390 --> 00:42:32,100
people and I'll go into a little bit of

909
00:42:36,650 --> 00:42:35,400
that in a minute yeah as I said have no

910
00:42:40,550 --> 00:42:36,660
heard of shadow people before so it's

911
00:42:42,560 --> 00:42:40,560
really opened my eyes when we started

912
00:42:45,200 --> 00:42:42,570
collecting the Kate the UFO cases and

913
00:42:46,640 --> 00:42:45,210

the abduction cases this thing kept

914

00:42:48,500 --> 00:42:46,650

popping up I'd never heard of before

915

00:42:52,160 --> 00:42:48,510

it's like these hooded figures this dark

916

00:42:54,080 --> 00:42:52,170

hooded figures like monks I thought I

917

00:42:55,400 --> 00:42:54,090

was why does this keep popping up so I

918

00:42:59,609 --> 00:42:55,410

started looking into it a bit more on

919

00:43:02,170 --> 00:42:59,619

it's really open my eyes so uh

920

00:43:05,470 --> 00:43:02,180

shadow people come in below as the other

921

00:43:09,039 --> 00:43:05,480

said it comes in various a variety of

922

00:43:11,650 --> 00:43:09,049

appearances a shape that is generally

923

00:43:18,150 --> 00:43:11,660

male in appearance as like that's

924

00:43:22,559 --> 00:43:19,859

I'm gonna click my fingers every time I

925

00:43:25,559 --> 00:43:22,569

wasn't knew because if it's better than

926

00:43:27,480 --> 00:43:25,569

just saying next shot please

927

00:43:29,670 --> 00:43:27,490

it's yeah incidentally we've Steve and I

928

00:43:31,799 --> 00:43:29,680

and Mike we've been to a couple of WI

929

00:43:35,700 --> 00:43:31,809

groups in the last month giving talks

930

00:43:36,630 --> 00:43:35,710

and I was well versed with saying next

931

00:43:40,079 --> 00:43:36,640

shot please

932

00:43:45,930 --> 00:43:40,089

I always got fed up a sayin it a click

933

00:43:47,849 --> 00:43:45,940

is better the other thing is the they

934

00:43:49,890 --> 00:43:47,859

could be aware of us and reacted to our

935

00:43:55,079 --> 00:43:49,900

observing them whereas some ghostly

936

00:43:55,829 --> 00:43:55,089

phenomena completely oblivious to us

937

00:43:58,890 --> 00:43:55,839

mate

938

00:44:02,490 --> 00:43:58,900

some could be recorded recordings in the

939

00:44:04,589 --> 00:44:02,500

atmosphere in the the aura of the area

940

00:44:06,680 --> 00:44:04,599

just a recording in which case he

941

00:44:11,880 --> 00:44:06,690

wouldn't react to our presence at all

942

00:44:13,769 --> 00:44:11,890

other ghostly phenomena phenomena might

943

00:44:16,289 --> 00:44:13,779

not be aware of us because they not

944

00:44:19,289 --> 00:44:16,299

tuned into our frequency so they are in

945

00:44:22,680 --> 00:44:19,299

the world in some cases not even

946

00:44:30,749 --> 00:44:22,690

normally dead whether in cases of

947

00:44:34,499 --> 00:44:30,759

spirits of departed people the typical

948

00:44:41,700 --> 00:44:34,509

shadow person is told ranging from about

949

00:44:44,579 --> 00:44:41,710

6 foot to 7 foot very often even hear

950

00:44:46,890 --> 00:44:44,589

the laugh everything clapping right very

951
00:44:50,640 --> 00:44:46,900
often they seem to be wrapped in a cloak

952
00:44:53,700 --> 00:44:50,650
or large old-fashioned cloak hats are

953
00:44:55,049 --> 00:44:53,710
not uncommon every time you see the Hat

954
00:45:02,759 --> 00:44:55,059
I keep thinking of Heisenberg in

955
00:45:04,079 --> 00:45:02,769
Breaking Bad and the hooded figure is

956
00:45:07,140 --> 00:45:04,089
very reminiscent of the Angel of Death

957
00:45:10,140 --> 00:45:07,150
isn't that the the Grim Reaper and I'm

958
00:45:13,650 --> 00:45:10,150
sure the Grim Reaper figure or character

959
00:45:17,309 --> 00:45:13,660
has come from people's views of this as

960
00:45:19,980 --> 00:45:17,319
Mark said it can be a premonition of

961
00:45:21,329 --> 00:45:19,990
death you touched on a couple of cases

962
00:45:25,370 --> 00:45:21,339
yourself with a person died that day

963
00:45:27,210 --> 00:45:25,380

after see him one of these beings and

964

00:45:30,329 --> 00:45:27,220

another thing I thought of when you

965

00:45:36,359 --> 00:45:32,520

quite often appearing before a great

966

00:45:38,010 --> 00:45:36,369

disaster what the Mothman seems to be

967

00:45:40,370 --> 00:45:38,020

his dark figure sometimes with two red

968

00:45:43,230 --> 00:45:40,380

eyes which can be considered in some

969

00:45:44,670 --> 00:45:43,240

some categorizations of the shadow

970

00:45:46,890 --> 00:45:44,680

people the ones with the red eyes of the

971

00:45:51,140 --> 00:45:46,900

world in the West we called demons with

972

00:45:54,000 --> 00:45:51,150

more people in a really common type

973

00:45:57,650 --> 00:45:54,010

their appearance has depth to it unlike

974

00:46:00,030 --> 00:45:57,660

a shadow cast in a wall that it's flat

975

00:46:04,910 --> 00:46:00,040

quite typically they have no visible

976

00:46:18,280 --> 00:46:07,349

shadow people are rarely reported to

977

00:46:33,850 --> 00:46:23,390

physical objects seem to not matter to

978

00:46:39,890 --> 00:46:37,640

we click fingers where another and they

979

00:46:47,000 --> 00:46:39,900

can have a demonic shape and demeanor

980

00:46:49,490 --> 00:46:47,010

we've gone too far no leave it on that

981

00:46:51,320 --> 00:46:49,500

one for me human-shaped chowder people

982

00:46:53,480 --> 00:46:51,330

these make up the bulk of the shadow

983

00:46:56,150 --> 00:46:53,490

people sightings include the typical

984

00:46:58,220 --> 00:46:56,160

cloaked figure and shadow people wearing

985

00:47:03,020 --> 00:46:58,230

hats these can come in a variety of

986

00:47:04,790 --> 00:47:03,030

combinations obviously what these shadow

987

00:47:06,920 --> 00:47:04,800

people are is pure speculation at this

988

00:47:09,200 --> 00:47:06,930

point in time the persistent shadow

989

00:47:11,600 --> 00:47:09,210

people of the lurking variety don't

990

00:47:14,750 --> 00:47:11,610

generally seem to be purely evil in

991

00:47:16,790 --> 00:47:14,760

intent and almost seem more interested

992

00:47:18,859 --> 00:47:16,800

in us or at least in feeding off our

993

00:47:21,800 --> 00:47:18,869

energy others are simply negative

994

00:47:23,960 --> 00:47:21,810

manifestations of spirits almost

995

00:47:33,650 --> 00:47:23,970

universally though they are a sign of

996

00:47:37,490 --> 00:47:33,660

something negative a black mass shadow

997

00:47:39,440 --> 00:47:37,500

people less human in form but still of

998

00:47:40,730 --> 00:47:39,450

that general size and the black mass

999

00:47:42,770 --> 00:47:40,740

type of shadow people give the

1000

00:47:45,920 --> 00:47:42,780

impression of being a human figure but

1001
00:47:48,380 --> 00:47:45,930
more fuzzy or blurred they can change in

1002
00:47:50,330 --> 00:47:48,390
shape forming more of a cloud but the

1003
00:47:53,330 --> 00:47:50,340
impression is always that an entity is

1004
00:47:55,040 --> 00:47:53,340
there some assert that many of these

1005
00:47:57,440 --> 00:47:55,050
black mass shadow people are former

1006
00:47:59,330 --> 00:47:57,450
negative spirits that have began growing

1007
00:48:02,090 --> 00:47:59,340
in power and losing their human identity

1008
00:48:04,490 --> 00:48:02,100
as they absorb more and more negative

1009
00:48:08,090 --> 00:48:04,500
emotion their sense of being human and

1010
00:48:11,630 --> 00:48:08,100
who they are fades and becomes distorted

1011
00:48:13,099 --> 00:48:11,640
in the end they become a form of the

1012
00:48:20,800 --> 00:48:13,109
following type of shadow people

1013
00:48:24,140 --> 00:48:20,810

demonic we talked about the jinn earlier

1014

00:48:26,660 --> 00:48:24,150

in early Arabian and Islamic mythology

1015

00:48:29,720 --> 00:48:26,670

and theology the the jinn are

1016

00:48:31,940 --> 00:48:29,730

supernatural creatures according to the

1017

00:48:34,310 --> 00:48:31,950

Quran and certain ancient records the

1018

00:48:37,190 --> 00:48:34,320

jinn were created from smokeless and

1019

00:48:38,840 --> 00:48:37,200

scorching fire as Steve said earlier an

1020

00:48:43,430 --> 00:48:38,850

individual member of the jhen is known

1021

00:48:44,780 --> 00:48:43,440

as a genie genie or genie in the Western

1022

00:48:46,820 --> 00:48:44,790

world Jaden or something

1023

00:48:49,370 --> 00:48:46,830

referred to as demons according to

1024

00:48:52,160 --> 00:48:49,380

rosemary Gilley author of the Djinn

1025

00:48:55,100 --> 00:48:52,170

connection one of the main many forms of

1026

00:48:56,780 --> 00:48:55,110

the Djinn is the shadow people they

1027

00:48:59,390 --> 00:48:56,790

exist in a parallel dimension in the

1028

00:49:03,950 --> 00:48:59,400

physical world they are here but in a

1029

00:49:06,830 --> 00:49:03,960

place we cannot normally experience in

1030

00:49:09,230 --> 00:49:06,840

folklore elves and fairies law marked

1031

00:49:13,220 --> 00:49:09,240

touched on that especially here in Wales

1032

00:49:15,770 --> 00:49:13,230

there's a big tradition in folklore with

1033

00:49:18,380 --> 00:49:15,780

fairies and elves and special places do

1034

00:49:21,230 --> 00:49:18,390

remember we had Alice Taylor here

1035

00:49:23,300 --> 00:49:21,240

earlier in the year and he's very tuned

1036

00:49:25,760 --> 00:49:23,310

in with the the earth spirits what we

1037

00:49:28,870 --> 00:49:25,770

call but I think more of the positive

1038

00:49:34,100 --> 00:49:28,880

side rather than the shadow people side

1039

00:49:42,200 --> 00:49:34,110

it's the dawn till with take a fairy

1040

00:49:45,340 --> 00:49:42,210

realm abductions by fairies is parallel

1041

00:49:49,280 --> 00:49:45,350

with the alien abduction scenario where

1042

00:49:51,500 --> 00:49:49,290

people were taking taken in into this

1043

00:49:53,810 --> 00:49:51,510

other realm by the fairies sometimes for

1044

00:49:55,490 --> 00:49:53,820

a week and the person not knowing that

1045

00:49:57,460 --> 00:49:55,500

we could pass them they get returned

1046

00:49:59,420 --> 00:49:57,470

thinking it was just an hour or two

1047

00:50:04,390 --> 00:49:59,430

people tell them that we be gone for a

1048

00:50:07,340 --> 00:50:04,400

week it's very very reminiscent of the

1049

00:50:11,510 --> 00:50:07,350

alien abduction scenario even to this

1050

00:50:14,990 --> 00:50:11,520

extent of the fairy ring and what was a

1051
00:50:17,810 --> 00:50:15,000
crop circle but oregano and the pagan

1052
00:50:23,870 --> 00:50:17,820
sites evidence in circles like stone

1053
00:50:27,890 --> 00:50:23,880
circles and and flying saucers are the

1054
00:50:31,520 --> 00:50:27,900
rings as long as there's one case in the

1055
00:50:33,310 --> 00:50:31,530
Vale of Leith in 1856 where a guy called

1056
00:50:35,480 --> 00:50:33,320
Ronald Reese disappeared

1057
00:50:38,150 --> 00:50:35,490
Nonna's returned he had no idea that

1058
00:50:41,300 --> 00:50:38,160
he'd been gone as long as that and local

1059
00:50:44,450 --> 00:50:41,310
people told him and it was then that you

1060
00:50:46,210 --> 00:50:44,460
recalled the following he said that he'd

1061
00:50:48,710 --> 00:50:46,220
been returning home after fishing

1062
00:50:50,390 --> 00:50:48,720
finishing work one night we'd

1063
00:50:52,730 --> 00:50:50,400

encountered an eerie light that made a

1064

00:50:55,070 --> 00:50:52,740

whooshing sound in a field nearby he

1065

00:50:56,450 --> 00:50:55,080

went to investigate the light and on

1066

00:50:57,660 --> 00:50:56,460

getting closer found that he was

1067

00:50:59,009 --> 00:50:57,670

floating

1068

00:51:00,960 --> 00:50:59,019

the next thing that he could recall

1069

00:51:03,180 --> 00:51:00,970

later was of being physically examined

1070

00:51:04,250 --> 00:51:03,190

by small beings who took blood samples

1071

00:51:06,930 --> 00:51:04,260

from him

1072

00:51:09,509 --> 00:51:06,940

the encounter caused physical effects on

1073

00:51:11,460 --> 00:51:09,519

him in that it's left scars and his skin

1074

00:51:15,390 --> 00:51:11,470

had turned bright pink and his hair was

1075

00:51:17,250 --> 00:51:15,400

falling out how many times have you read

1076
00:51:23,750 --> 00:51:17,260
that in a UFO book but people have been

1077
00:51:29,509 --> 00:51:26,880
mentioned Rosemarie Kelly this lady's

1078
00:51:31,529 --> 00:51:29,519
done a lot of work on shadow people and

1079
00:51:33,740 --> 00:51:31,539
feel interested in the subject I

1080
00:51:38,220 --> 00:51:33,750
recommend going online there's a few

1081
00:51:42,589 --> 00:51:38,230
interviews of a group with Rose Maria a

1082
00:51:44,849 --> 00:51:42,599
couple of UFO conventions in America

1083
00:51:47,700 --> 00:51:44,859
she's written a lot of books on the

1084
00:51:49,650 --> 00:51:47,710
subject and a couple of articles one of

1085
00:51:52,529 --> 00:51:49,660
which I picked up when I first became a

1086
00:51:55,859 --> 00:51:52,539
way out of rosemary was in the nexus

1087
00:51:58,829 --> 00:51:55,869
magazine where he was specifically about

1088
00:52:00,599 --> 00:51:58,839

shadow people and completely open my

1089

00:52:02,990 --> 00:52:00,609

eyes to something when I found her and

1090

00:52:07,289 --> 00:52:03,000

really found out about the subject

1091

00:52:08,279 --> 00:52:07,299

she says she's sure that they were here

1092

00:52:11,299 --> 00:52:08,289

before us

1093

00:52:23,990 --> 00:52:11,309

and they resent our presence on earth

1094

00:52:32,870 --> 00:52:28,910

you've heard about the Incubus and the

1095

00:52:34,300 --> 00:52:32,880

succubus so the shadow people manifest

1096

00:52:36,740 --> 00:52:34,310

in human form

1097

00:52:40,910 --> 00:52:36,750

hovering over us when we're asleep and

1098

00:52:43,820 --> 00:52:40,920

sitting on our chest if male they are

1099

00:52:50,180 --> 00:52:43,830

called Incubus and if they form female

1100

00:52:55,370 --> 00:52:50,190

forms they called the succubus sometimes

1101
00:52:57,140 --> 00:52:55,380
they seen as a gray mist or smoke the

1102
00:52:58,670 --> 00:52:57,150
changes shape as they move this Ashley

1103
00:53:02,510 --> 00:52:58,680
still from a video I was taking of a

1104
00:53:08,450 --> 00:53:02,520
real manifestation of this great mr.

1105
00:53:11,230 --> 00:53:08,460
smoke they can be attributed to

1106
00:53:15,650 --> 00:53:11,240
poltergeist activity as well as

1107
00:53:19,609 --> 00:53:15,660
unsettled spirits they can move things

1108
00:53:23,290 --> 00:53:19,619
around they can create noises smells as

1109
00:53:25,460 --> 00:53:23,300
well as appear in apparitional forms

1110
00:53:30,829 --> 00:53:25,470
you're not laughing anymore and I click

1111
00:53:36,920 --> 00:53:30,839
not funny anymore they can influence our

1112
00:53:39,320 --> 00:53:36,930
dreams that that are a real experience

1113
00:53:41,329 --> 00:53:39,330

in an alternate reality when when we

1114

00:53:44,450 --> 00:53:41,339

sleep we actually travel on the astral

1115

00:53:46,760 --> 00:53:44,460

plane we leave our bodies and we

1116

00:53:49,490 --> 00:53:46,770

actually converse with departed loved

1117

00:53:51,109 --> 00:53:49,500

ones and move around we don't remember

1118

00:53:53,720 --> 00:53:51,119

any of that because when we wake up it's

1119

00:53:57,349 --> 00:53:53,730

all locked away but when we didn't on

1120

00:53:58,970 --> 00:53:57,359

this astral plane or for want of a

1121

00:54:02,089 --> 00:53:58,980

better definition another dimension

1122

00:54:03,890 --> 00:54:02,099

where we access it with our being we can

1123

00:54:08,930 --> 00:54:03,900

interact with other with these other

1124

00:54:12,829 --> 00:54:08,940

beings and the dreams some dreams that

1125

00:54:16,730 --> 00:54:12,839

we experience are our own brain making

1126

00:54:20,210 --> 00:54:16,740

making sense of being in that other

1127

00:54:25,820 --> 00:54:20,220

realm they can affect moods and thoughts

1128

00:54:26,990 --> 00:54:25,830

mark mentioned about the D seek out bad

1129

00:54:28,790 --> 00:54:27,000

stuff happening and make it worse

1130

00:54:31,930 --> 00:54:28,800

because they feed off the end the

1131

00:54:36,049 --> 00:54:34,400

rosemarie Gilly said it's often hard to

1132

00:54:38,390 --> 00:54:36,059

tell the difference between the Jen and

1133

00:54:40,729 --> 00:54:38,400

evil spirits as the Jen are artful at

1134

00:54:42,289 --> 00:54:40,739

masquerades sometimes they're identified

1135

00:54:46,609 --> 00:54:42,299

through a process of elimination in

1136

00:54:48,259 --> 00:54:46,619

terms of expulsion remedies jinn are

1137

00:54:50,660 --> 00:54:48,269

more likely to communicate with people

1138

00:54:53,930 --> 00:54:50,670

than some other kind of entities and

1139

00:54:55,940 --> 00:54:53,940

especially in a derisive way psychically

1140

00:54:57,979 --> 00:54:55,950

sensitive people develop the ability to

1141

00:55:01,339 --> 00:54:57,989

sense the distinctive Djinn energy

1142

00:55:05,150 --> 00:55:01,349

signatures and prime example their mark

1143

00:55:06,949 --> 00:55:05,160

mark is psychically sensitive and he was

1144

00:55:09,019 --> 00:55:06,959

telling us about spreading out the

1145

00:55:11,449 --> 00:55:09,029

lights and you can tell which type they

1146

00:55:12,920 --> 00:55:11,459

are if they hanging around they can cope

1147

00:55:16,459 --> 00:55:12,930

with the light so they're not so bad but

1148

00:55:20,719 --> 00:55:16,469

if they call straight away they could be

1149

00:55:22,459 --> 00:55:20,729

the worst kind they can often attached

1150

00:55:24,739 --> 00:55:22,469

to the body's field of energy and

1151

00:55:28,459 --> 00:55:24,749

influence mood and behavior like

1152

00:55:32,329 --> 00:55:28,469

attracts like and I'm sure they can be

1153

00:55:34,400 --> 00:55:32,339

at the root of mental disorders where

1154

00:55:38,359 --> 00:55:34,410

people suffer from depression and

1155

00:55:40,130 --> 00:55:38,369

anxiety and have psychological problems

1156

00:55:43,699 --> 00:55:40,140

and they have to be hospitalized because

1157

00:55:46,249 --> 00:55:43,709

of it I'm sure it's often because these

1158

00:55:49,880 --> 00:55:46,259

things have attached to them and they

1159

00:55:51,170 --> 00:55:49,890

feeding off them and influence in the

1160

00:55:54,380 --> 00:55:51,180

person's mood so they never gonna get

1161

00:55:58,299 --> 00:55:54,390

better unless they can recognize what it

1162

00:56:02,120 --> 00:56:00,650

she's rosemary Kelley said I've been

1163

00:56:03,469 --> 00:56:02,130

studying shadow people for many years

1164

00:56:05,660 --> 00:56:03,479

and I've come to the conclusion that

1165

00:56:07,609 --> 00:56:05,670

this is a form taken by jinn the shadow

1166

00:56:10,579 --> 00:56:07,619

people often manifest as the silhouette

1167

00:56:14,059 --> 00:56:10,589

of a tall man wearing a coat or cape and

1168

00:56:16,489 --> 00:56:14,069

sometimes a hat there are no facial

1169

00:56:21,049 --> 00:56:16,499

features they usually they are usually

1170

00:56:24,709 --> 00:56:21,059

bedroom visitors because we become aware

1171

00:56:27,799 --> 00:56:24,719

of them in our sleep state and in that

1172

00:56:30,620 --> 00:56:27,809

transition between sleeping and waking

1173

00:56:32,719 --> 00:56:30,630

in the front which caused this paralysis

1174

00:56:35,900 --> 00:56:32,729

well any part of the your conscious mind

1175

00:56:37,489 --> 00:56:35,910

is awake we can be aware of them me it

1176
00:56:38,930 --> 00:56:37,499
could be in this room no we wouldn't be

1177
00:56:42,039 --> 00:56:38,940
what we won't know because we're not

1178
00:56:44,660 --> 00:56:42,049
tuned into it

1179
00:56:48,319 --> 00:56:44,670
they live very long lifespans hundreds

1180
00:56:50,329 --> 00:56:48,329
of perhaps even thousands of years like

1181
00:56:54,739 --> 00:56:50,339
humans they have the potential to ascend

1182
00:56:57,160 --> 00:56:54,749
to an enlightened state of being another

1183
00:57:01,670 --> 00:56:57,170
researcher gentlemen called power Chang

1184
00:57:03,049 --> 00:57:01,680
loves the Chinese says I personally had

1185
00:57:05,029 --> 00:57:03,059
experience encounters with the shadow

1186
00:57:07,190 --> 00:57:05,039
people a group of human-like beings that

1187
00:57:09,650 --> 00:57:07,200
like to hide in the shadows and often

1188
00:57:11,719 --> 00:57:09,660

appear as shadow figures when I was a

1189

00:57:14,180 --> 00:57:11,729

child they would often appear in my

1190

00:57:16,819 --> 00:57:14,190

bedroom and harassed me when I was in

1191

00:57:18,319 --> 00:57:16,829

the process of falling asleep he was not

1192

00:57:21,559 --> 00:57:18,329

until my late 20s that they stopped

1193

00:57:22,849 --> 00:57:21,569

appearing in my bedroom I felt that one

1194

00:57:24,620 --> 00:57:22,859

of the reasons why they stopped

1195

00:57:25,640 --> 00:57:24,630

harassing me was because they did not

1196

00:57:28,719 --> 00:57:25,650

fear them anymore

1197

00:57:31,400 --> 00:57:28,729

again echoing what Mark said earlier

1198

00:57:33,410 --> 00:57:31,410

based on my experience the shadow people

1199

00:57:35,449 --> 00:57:33,420

have had very negative vibration

1200

00:57:36,920 --> 00:57:35,459

sometimes their vibration was so

1201
00:57:40,400 --> 00:57:36,930
negative that when they appeared beside

1202
00:57:43,390 --> 00:57:40,410
my bed their energy paralyzed me making

1203
00:57:45,709 --> 00:57:43,400
it hard for me to stay calm and breathe

1204
00:57:47,689 --> 00:57:45,719
my experience with the shadow people

1205
00:57:49,519 --> 00:57:47,699
helped me to discover some effective

1206
00:57:51,739 --> 00:57:49,529
methods for preventing negative entities

1207
00:57:54,170 --> 00:57:51,749
such as jinn and demons from harassing

1208
00:57:56,839 --> 00:57:54,180
me one method is to not fear them an

1209
00:57:58,759 --> 00:57:56,849
even more effective method is to not be

1210
00:58:01,249 --> 00:57:58,769
afraid to exercise your natural rights

1211
00:58:03,979 --> 00:58:01,259
one of your most powerful natural rights

1212
00:58:06,979 --> 00:58:03,989
is free well with negative entities

1213
00:58:09,519 --> 00:58:06,989

harass you tell them to stop or face the

1214

00:58:12,979 --> 00:58:09,529

consequences of violating your free will

1215

00:58:14,809 --> 00:58:12,989

the universe has its own law system so

1216

00:58:17,029 --> 00:58:14,819

do not be afraid to use the law system

1217

00:58:23,150 --> 00:58:17,039

of the universe to enforce the power of

1218

00:58:25,329 --> 00:58:23,160

natural law now we're gonna look at a

1219

00:58:29,359 --> 00:58:25,339

couple of South Wales cases now this is

1220

00:58:33,019 --> 00:58:29,369

February 1970 team armed colliery Ponte

1221

00:58:36,199 --> 00:58:33,029

brief in the early hours the guy called

1222

00:58:39,140 --> 00:58:36,209

price Jacobs was a shift mechanic at the

1223

00:58:42,319 --> 00:58:39,150

colliery he had a chilling sensation so

1224

00:58:44,630 --> 00:58:42,329

and saw a cloaked ghost he thought you

1225

00:58:48,069 --> 00:58:44,640

turned it a ghost peering into a coal

1226
00:58:50,239 --> 00:58:48,079
bunker at Timo colliery Hopkins tongue

1227
00:58:52,039 --> 00:58:50,249
he said it that disappeared into the

1228
00:58:53,360 --> 00:58:52,049
darkness in the direction of sink David

1229
00:58:55,980 --> 00:58:53,370
churchyard nearby

1230
00:58:57,630 --> 00:58:55,990
could this be a ghost in a spiritual

1231
00:59:00,030 --> 00:58:57,640
sense or is it this interdimensional

1232
00:59:11,150 --> 00:59:00,040
entity associated with the abduction

1233
00:59:14,460 --> 00:59:11,160
phenomenon 1982 seda during the night

1234
00:59:17,760 --> 00:59:14,470
Philip Ravel it's known by a couple of

1235
00:59:20,510 --> 00:59:17,770
us was walking his dog in clear duct

1236
00:59:22,800 --> 00:59:20,520
that's not a picture of Phil by the way

1237
00:59:23,940 --> 00:59:22,810
it's not even a picture what he saw is

1238
00:59:25,740 --> 00:59:23,950

just someone had taken off the internet

1239

00:59:27,870 --> 00:59:25,750

to illustrate what I'm talking about

1240

00:59:29,490 --> 00:59:27,880

he was walking his dog in clear death

1241

00:59:31,110 --> 00:59:29,500

and was walking through a small field on

1242

00:59:33,510 --> 00:59:31,120

the edge of a small of some woodland

1243

00:59:35,970 --> 00:59:33,520

when he saw dark or did figure like a

1244

00:59:37,290 --> 00:59:35,980

monk with his hood up standing on the

1245

00:59:38,150 --> 00:59:37,300

other side of the field where the woods

1246

00:59:42,300 --> 00:59:38,160

started

1247

00:59:43,800 --> 00:59:42,310

he was standing Stockstill Phil did not

1248

00:59:46,410 --> 00:59:43,810

attempt to attract its attention by

1249

00:59:50,610 --> 00:59:46,420

calling out but just continued on his

1250

00:59:59,580 --> 00:59:50,620

walk the dog was unaffected for the up

1251

01:00:06,240 --> 00:59:59,590

of the apparition myself Lisa the dog

1252

01:00:11,040 --> 01:00:06,250

for company but this believe it or not

1253

01:00:14,790 --> 01:00:11,050

for one guy called Zach was in his early

1254

01:00:16,350 --> 01:00:14,800

twenties living in Merthyr Tydfil with

1255

01:00:18,960 --> 01:00:16,360

his parents one summer night he went to

1256

01:00:21,870 --> 01:00:18,970

bed but 1:00 to 2:00 a.m. and felt

1257

01:00:24,690 --> 01:00:21,880

nervous and sick after lying down he

1258

01:00:26,490 --> 01:00:24,700

sensed something was wrong he did

1259

01:00:28,230 --> 01:00:26,500

however manage to get to sleep but woke

1260

01:00:30,330 --> 01:00:28,240

in the early hours to see the room lit

1261

01:00:33,810 --> 01:00:30,340

in a strange way making it appear brown

1262

01:00:36,900 --> 01:00:33,820

and purple directly over him he saw a

1263

01:00:39,390 --> 01:00:36,910

hovering cloaked figure wearing a hood

1264

01:00:42,420 --> 01:00:39,400

which was up he could not see his face

1265

01:00:44,310 --> 01:00:42,430

which was even blackness he saw it in

1266

01:00:45,680 --> 01:00:44,320

suitable detail to notice the hood was

1267

01:00:48,300 --> 01:00:45,690

frayed at the edges

1268

01:00:51,690 --> 01:00:48,310

he was humanoid in shape and was about

1269

01:00:54,990 --> 01:00:51,700

seven feet tall it moved over Zach's

1270

01:00:56,400 --> 01:00:55,000

body pinning him down by some force and

1271

01:00:58,210 --> 01:00:56,410

he could feel it pushing him down and

1272

01:01:00,940 --> 01:00:58,220

lifting and lifting out lifting him

1273

01:01:06,040 --> 01:01:00,950

he tried to scream out but could not

1274

01:01:09,040 --> 01:01:06,050

under move his arms suddenly he found

1275

01:01:10,930 --> 01:01:09,050

himself in his back garden the colors of

1276

01:01:14,740 --> 01:01:10,940

which were distorted like his bedroom

1277

01:01:16,480 --> 01:01:14,750

had been and the sky was clear he walked

1278

01:01:18,970 --> 01:01:16,490

around a corner into the main part of

1279

01:01:22,060 --> 01:01:18,980

the garden he saw the hooded figure

1280

01:01:26,010 --> 01:01:22,070

lying flying away into the sky a very

1281

01:01:28,900 --> 01:01:26,020

steep angle its cloak moving in the wind

1282

01:01:30,880 --> 01:01:28,910

once it had gone Zack went back into the

1283

01:01:33,190 --> 01:01:30,890

house he then found himself waking up in

1284

01:01:34,900 --> 01:01:33,200

bed and felt that it was not long after

1285

01:01:38,650 --> 01:01:34,910

he had returned to bed it being still

1286

01:01:40,980 --> 01:01:38,660

dark he felt shocked and nervous he got

1287

01:01:43,300 --> 01:01:40,990

up and went out into the garden

1288

01:01:44,859 --> 01:01:43,310

the colors were now normal but he

1289

01:01:46,540 --> 01:01:44,869

noticed that the clouds and position of

1290

01:01:50,050 --> 01:01:46,550

the Moon were exactly as he recalled

1291

01:01:51,910 --> 01:01:50,060

from his earlier experience which

1292

01:01:55,540 --> 01:01:51,920

convinced him that what had taken place

1293

01:01:56,890 --> 01:01:55,550

could not have been a dream he told his

1294

01:01:58,540 --> 01:01:56,900

mother about it in the morning and she

1295

01:02:01,450 --> 01:01:58,550

told him that she too had experienced

1296

01:02:03,040 --> 01:02:01,460

similar things when she was younger over

1297

01:02:05,170 --> 01:02:03,050

the years I've has experienced many

1298

01:02:06,849 --> 01:02:05,180

vivid dreams and counters which could be

1299

01:02:09,400 --> 01:02:06,859

put down to the common experience of

1300

01:02:16,750 --> 01:02:09,410

sleep paralysis in which entities can be

1301

01:02:21,730 --> 01:02:16,760

sensed holding the witness down lady

1302

01:02:25,450 --> 01:02:21,740

Cortina lives in Swansea that's not her

1303

01:02:27,430 --> 01:02:25,460

by the way Tina's long history of

1304

01:02:31,480 --> 01:02:27,440

anxiety and depression which I mentioned

1305

01:02:33,849 --> 01:02:31,490

earlier but mental health and at the

1306

01:02:36,250 --> 01:02:33,859

same time she has psychic sensitivity

1307

01:02:38,220 --> 01:02:36,260

and that she often sees spirits and

1308

01:02:40,690 --> 01:02:38,230

feels presences at home and elsewhere

1309

01:02:43,390 --> 01:02:40,700

she has no wish to tap into this ability

1310

01:02:44,800 --> 01:02:43,400

and develop it up to the present time

1311

01:02:47,859 --> 01:02:44,810

but as often felt that she does not

1312

01:02:50,230 --> 01:02:47,869

belong here as difficulty in fitting in

1313

01:02:52,750 --> 01:02:50,240

and together with a feeling of being

1314

01:02:55,720 --> 01:02:52,760

watched as experience seeing the dark

1315

01:02:57,400 --> 01:02:55,730

hooded figure she'd often seen it in a

1316

01:02:59,020 --> 01:02:57,410

bedroom at night and had assumed that it

1317

01:03:02,170 --> 01:02:59,030

was her spirit guide which she called

1318

01:03:04,510 --> 01:03:02,180

her monk when considering other

1319

01:03:06,070 --> 01:03:04,520

experiences that she has had and one

1320

01:03:08,290 --> 01:03:06,080

definite episode of missing time

1321

01:03:11,680 --> 01:03:08,300

associated with a light in about garden

1322

01:03:12,000 --> 01:03:11,690

around 2001 together with a very vivid

1323

01:03:15,510 --> 01:03:12,010

dream

1324

01:03:17,310 --> 01:03:15,520

early in early 2016 of being on another

1325

01:03:19,860 --> 01:03:17,320

planet with welcoming beings and the

1326

01:03:21,690 --> 01:03:19,870

feeling that she was home she did some

1327

01:03:23,370 --> 01:03:21,700

research into the Starchild hypothesis

1328

01:03:25,980 --> 01:03:23,380

having never heard of it before at that

1329

01:03:27,960 --> 01:03:25,990

time before that time and indeed had

1330

01:03:30,780 --> 01:03:27,970

never shown any interest in UFOs or

1331

01:03:32,490 --> 01:03:30,790

related subjects up to that point she

1332

01:03:35,820 --> 01:03:32,500

was struck by the similarity of her own

1333

01:03:37,800 --> 01:03:35,830

condition and experiences and those

1334

01:03:40,350 --> 01:03:37,810

commonly experienced by other star

1335

01:03:42,030 --> 01:03:40,360

children she does not experience

1336

01:03:43,470 --> 01:03:42,040

episodes of night paralysis but

1337

01:03:52,680 --> 01:03:43,480

continues to have the feeling of being

1338

01:03:54,660 --> 01:03:52,690

watched two brothers from my stake David

1339

01:03:56,400 --> 01:03:54,670

and Andrew these brothers have had UFO

1340

01:03:58,500 --> 01:03:56,410

sightings from a young age together with

1341

01:04:00,090 --> 01:03:58,510

other members of the family including

1342

01:04:04,380 --> 01:04:00,100

the parents and also in the company of

1343

01:04:06,210 --> 01:04:04,390

their own children they've all also

1344

01:04:08,310 --> 01:04:06,220

experienced many visitations of entities

1345

01:04:11,060 --> 01:04:08,320

in their home including some which seem

1346

01:04:13,350 --> 01:04:11,070

to be similar to poltergeist activity

1347

01:04:15,180 --> 01:04:13,360

when they were children the boys used to

1348

01:04:17,250 --> 01:04:15,190

share a bedroom and remember one night

1349

01:04:18,840 --> 01:04:17,260

they saw fingers and a head coming

1350

01:04:22,020 --> 01:04:18,850

around the door frame which they

1351

01:04:24,480 --> 01:04:22,030

described as a black figure whenever

1352

01:04:26,130 --> 01:04:24,490

Andrews friends stayed over them they

1353

01:04:30,390 --> 01:04:26,140

would frequently get nosebleeds due in

1354

01:04:32,100 --> 01:04:30,400

the nights but never the brothers 1992

1355

01:04:34,680 --> 01:04:32,110

David was in bed trying to get to sleep

1356

01:04:36,690 --> 01:04:34,690

and felt someone grabbing his wrist to

1357

01:04:38,400 --> 01:04:36,700

try to pull him out of bed he jumped up

1358

01:04:40,830 --> 01:04:38,410

and opposed to fell off the wall and a

1359

01:04:44,430 --> 01:04:40,840

number of deodorant cans on a unit flew

1360

01:04:47,460 --> 01:04:44,440

off like they'd been knocked off 1996

1361

01:04:49,980 --> 01:04:47,470

Andrew had a dream that there was a

1362

01:04:51,840 --> 01:04:49,990

light outside his bedroom window after

1363

01:04:53,760 --> 01:04:51,850

telling David about it they found three

1364

01:04:59,370 --> 01:04:53,770

finger and thumb prints on the outside

1365

01:05:01,500 --> 01:04:59,380

of the window glass 1992 a 12 year old

1366

01:05:03,240 --> 01:05:01,510

friend a girl in the house or large

1367

01:05:05,400 --> 01:05:03,250

black figure outside the bedroom door

1368

01:05:08,040 --> 01:05:05,410

which frightened his severely at about

1369

01:05:10,860 --> 01:05:08,050

9:00 p.m. later that night at about 2:00

1370

01:05:13,200 --> 01:05:10,870

or 3:00 andrew was washing in his

1371

01:05:15,170 --> 01:05:13,210

bathroom sink and saw the same figure in

1372

01:05:18,090 --> 01:05:15,180

the bedroom doorway through the mirror

1373

01:05:19,760 --> 01:05:18,100

he described it as a black hooded figure

1374

01:05:22,990 --> 01:05:19,770

with no definition

1375

01:05:25,430 --> 01:05:23,000

he turned around quickly but it had gone

1376

01:05:27,500 --> 01:05:25,440

another time andrey was in bed listening

1377

01:05:30,910 --> 01:05:27,510

to music on earphones and suddenly felt

1378

01:05:33,350 --> 01:05:30,920

a numbness as if he'd beaten injected

1379

01:05:35,300 --> 01:05:33,360

starting in his feet and continuing me

1380

01:05:37,700 --> 01:05:35,310

up his body and then he felt a pressure

1381

01:05:40,070 --> 01:05:37,710

on his body followed by a presence next

1382

01:05:47,480 --> 01:05:40,080

to his bed who suggests that he was

1383

01:05:49,220 --> 01:05:47,490

inducing a paralysis state in him he

1384

01:05:51,560 --> 01:05:49,230

felt his eye is being forced open and

1385

01:05:53,360 --> 01:05:51,570

could feel a hand on his face his eyes

1386

01:05:56,510 --> 01:05:53,370

opened and he briefly saw a figure

1387

01:05:58,490 --> 01:05:56,520

standing over him he was afraid to go to

1388

01:06:00,230 --> 01:05:58,500

bed for weeks and this happened a few

1389

01:06:02,810 --> 01:06:00,240

times starting with a feeling that he

1390

01:06:04,730 --> 01:06:02,820

was being watched other poltergeists

1391

01:06:06,410 --> 01:06:04,740

like activitytwo were happening at the

1392

01:06:08,840 --> 01:06:06,420

time he told his mother about it and she

1393

01:06:10,970 --> 01:06:08,850

told him that she too had seen a figure

1394

01:06:16,220 --> 01:06:10,980

standing over her baby at the time it

1395

01:06:19,250 --> 01:06:16,230

died of cot death years before in the

1396

01:06:21,050 --> 01:06:19,260

same house and removed bedroom but one

1397

01:06:23,270 --> 01:06:21,060

night he felt someone grab his ankles

1398

01:06:25,490 --> 01:06:23,280

and physically turn him over and then he

1399

01:06:27,230 --> 01:06:25,500

blackened out he later moved to tree

1400

01:06:28,790 --> 01:06:27,240

forest and lived in three different

1401

01:06:31,490 --> 01:06:28,800

houses where similar occurrences

1402

01:06:33,470 --> 01:06:31,500

happened in each one this implies that

1403

01:06:35,870 --> 01:06:33,480

it was not a haunting entity linked to a

1404

01:06:38,300 --> 01:06:35,880

particular place but his summer linked

1405

01:06:41,240 --> 01:06:38,310

to Hungary himself he said he still goes

1406

01:06:42,800 --> 01:06:41,250

on up to the present 2016 his partner

1407

01:06:44,320 --> 01:06:42,810

too has experienced many things since

1408

01:06:47,180 --> 01:06:44,330

they got together

1409

01:06:49,460 --> 01:06:47,190

she's woken up to sense of presence in

1410

01:06:51,910 --> 01:06:49,470

the room as experience paralysis and

1411

01:06:54,290 --> 01:06:51,920

seen a black figure looking over Andrew

1412

01:06:59,930 --> 01:06:54,300

they've also seen and heard things

1413

01:07:03,530 --> 01:06:59,940

together 2009 Andrew had a tumor removed

1414

01:07:05,630 --> 01:07:03,540

from his neck when he went back to have

1415

01:07:07,570 --> 01:07:05,640

his staples taken up a surgeon asked him

1416

01:07:10,430 --> 01:07:07,580

who did the operation on his stomach

1417

01:07:13,520 --> 01:07:10,440

blow 100 replied then he had

1418

01:07:15,410 --> 01:07:13,530

conjunctivitis and his GP refers in to

1419

01:07:18,050 --> 01:07:15,420

an optician who asked him if he'd ever

1420

01:07:19,670 --> 01:07:18,060

had significant head trauma as she

1421

01:07:23,840 --> 01:07:19,680

noticed scarring on the back of his

1422

01:07:26,090 --> 01:07:23,850

eyeball he'd not have head trauma but as

1423

01:07:28,370 --> 01:07:26,100

a child he had to wear big thick NHS

1424

01:07:29,220 --> 01:07:28,380

glasses but when a teen he had no need

1425

01:07:31,920 --> 01:07:29,230

for them

1426

01:07:33,470 --> 01:07:31,930

here's an eye test in 2014 I was given

1427

01:07:35,910 --> 01:07:33,480

20/20 vision

1428

01:07:37,350 --> 01:07:35,920

more recently Andrew was at his

1429

01:07:40,110 --> 01:07:37,360

girlfriend's house in Crociere

1430

01:07:42,210 --> 01:07:40,120

and was dozing on the sofa while the

1431

01:07:43,380 --> 01:07:42,220

young son was asleep upstairs either

1432

01:07:46,310 --> 01:07:43,390

ringing in his ear

1433

01:07:49,980 --> 01:07:46,320

I saw short bald figure in the hall

1434

01:07:53,160 --> 01:07:49,990

looking upstairs with the room liked

1435

01:07:54,870 --> 01:07:53,170

glinting off the top of its head and who

1436

01:07:57,000 --> 01:07:54,880

had some feeling that he was interested

1437

01:08:00,180 --> 01:07:57,010

in his son upstairs and mentally sent a

1438

01:08:07,320 --> 01:08:00,190

message telling it don't you

1439

01:08:09,150 --> 01:08:07,330

dare if that disappeared obviously that

1440

01:08:11,370 --> 01:08:09,160

was not a shadow person but it was from

1441

01:08:13,350 --> 01:08:11,380

what we from the description it seems

1442

01:08:16,170 --> 01:08:13,360

this is a gray alien but it's acting in

1443

01:08:18,030 --> 01:08:16,180

a similar way so the shadow person like

1444

01:08:21,630 --> 01:08:18,040

Mark was saying about it telling it to

1445

01:08:23,040 --> 01:08:21,640

go away and it went David struggling

1446

01:08:25,320 --> 01:08:23,050

with the whole subject he knows it's

1447

01:08:27,720 --> 01:08:25,330

real but at the same time finds himself

1448

01:08:30,680 --> 01:08:27,730

resenting the topic he he's read 100

1449

01:08:33,600 --> 01:08:30,690

bucks but still no near finding answers

1450

01:08:37,200 --> 01:08:33,610

both David and Andrew have experienced

1451
01:08:38,940 --> 01:08:37,210
scoop marks triangular marks and bruises

1452
01:08:45,120 --> 01:08:38,950
on the arm which look remarkably like

1453
01:08:47,070 --> 01:08:45,130
finger marks this is another case called

1454
01:08:48,920 --> 01:08:47,080
Ellen from Swansea

1455
01:08:52,020 --> 01:08:48,930
she lives in Swansea this repeated

1456
01:08:54,060 --> 01:08:52,030
experiences for me has had repeated

1457
01:08:55,710 --> 01:08:54,070
experiences for many years one in

1458
01:08:57,360 --> 01:08:55,720
particular was a time she was sleeping

1459
01:08:59,720 --> 01:08:57,370
on the sofa in our house and worked to

1460
01:09:04,200 --> 01:08:59,730
become aware of a gray by her side

1461
01:09:06,180 --> 01:09:04,210
grabbing her ankle she had a feeling

1462
01:09:09,450 --> 01:09:06,190
that she was on a bed and there was a

1463
01:09:11,220 --> 01:09:09,460

doorway ahead of her feet and with

1464

01:09:12,810 --> 01:09:11,230

bright white light filling it and in the

1465

01:09:16,410 --> 01:09:12,820

light she saw the silhouette of a tall

1466

01:09:18,150 --> 01:09:16,420

dark figure other experiences involve a

1467

01:09:20,820 --> 01:09:18,160

screen memory of a helicopter flying

1468

01:09:23,880 --> 01:09:20,830

close to her window which doesn't seem

1469

01:09:26,100 --> 01:09:23,890

to be a helicopter again this is a link

1470

01:09:32,010 --> 01:09:26,110

there between the activity of the greys

1471

01:09:34,770 --> 01:09:32,020

and a shadow person this is one I found

1472

01:09:37,470 --> 01:09:34,780

about just two days ago um woman called

1473

01:09:41,020 --> 01:09:37,480

Andrea lives in sync often that's not

1474

01:09:47,120 --> 01:09:43,520

she's married to a squat eagle William

1475

01:09:50,000 --> 01:09:47,130

and the basis he's based it's in taverns

1476
01:09:51,920 --> 01:09:50,010
in the parachute regiment one night she

1477
01:09:53,990 --> 01:09:51,930
woke to find she couldn't move asleep

1478
01:09:56,270 --> 01:09:54,000
the paralysis episode she sensed the

1479
01:09:58,160 --> 01:09:56,280
dark figure standing by her bed the

1480
01:10:00,470 --> 01:09:58,170
arrow head and she could feel a stroking

1481
01:10:01,940 --> 01:10:00,480
sensation on the side of her cheek which

1482
01:10:03,190 --> 01:10:01,950
felt like someone was wiping it with a

1483
01:10:05,450 --> 01:10:03,200
wet wipe

1484
01:10:08,420 --> 01:10:05,460
there was another dark figure actually

1485
01:10:12,820 --> 01:10:08,430
sitting on our chest with his face close

1486
01:10:16,550 --> 01:10:12,830
to hers those of you have experienced

1487
01:10:19,970 --> 01:10:16,560
the very unsettling feeling of sleep

1488
01:10:21,650 --> 01:10:19,980

paralysis whoever tried to scream and

1489

01:10:23,140 --> 01:10:21,660

nothing's happening is there because he

1490

01:10:25,670 --> 01:10:23,150

he moved to function was not working

1491

01:10:27,530 --> 01:10:25,680

well this is what she tried to do she

1492

01:10:30,380 --> 01:10:27,540

tried to well up the will to scream but

1493

01:10:33,470 --> 01:10:30,390

before she could force it out the being

1494

01:10:35,960 --> 01:10:33,480

on a chest screamed at her in her face

1495

01:10:38,900 --> 01:10:35,970

really close and the two figures rushed

1496

01:10:40,790 --> 01:10:38,910

out of the room bedroom door moments

1497

01:10:44,270 --> 01:10:40,800

later there was a flash across the sky

1498

01:10:46,040 --> 01:10:44,280

seen through the bedroom window no

1499

01:10:48,260 --> 01:10:46,050

husband William checked the radar of the

1500

01:10:53,680 --> 01:10:48,270

basis in Gaffin and nothing was detected

1501

01:10:58,190 --> 01:10:55,330

another squaddie

1502

01:11:01,490 --> 01:10:58,200

no based it's in grafton was telling me

1503

01:11:05,480 --> 01:11:01,500

about experience he had when he was in

1504

01:11:07,250 --> 01:11:05,490

Afghanistan he was in the barracks and

1505

01:11:08,840 --> 01:11:07,260

sleeping in a in the bottom of a bunk

1506

01:11:11,390 --> 01:11:08,850

bed but there's nobody else in the room

1507

01:11:13,400 --> 01:11:11,400

it was just him sleeping he - she draped

1508

01:11:15,140 --> 01:11:13,410

over the bunk to dim the light and they

1509

01:11:16,850 --> 01:11:15,150

were boxes next to the bed which she

1510

01:11:19,970 --> 01:11:16,860

used to support his laptop amongst other

1511

01:11:21,890 --> 01:11:19,980

things he had a sleep paralysis episode

1512

01:11:25,160 --> 01:11:21,900

in which he was aware of someone in the

1513

01:11:29,360 --> 01:11:25,170

bunk with him it's face close to his and

1514

01:11:30,830 --> 01:11:29,370

he could hear and feel its breathing and

1515

01:11:32,840 --> 01:11:30,840

he said there's no way anyone could have

1516

01:11:34,310 --> 01:11:32,850

got into the bunk know if somebody was

1517

01:11:36,200 --> 01:11:34,320

not messing around because they'd made a

1518

01:11:37,460 --> 01:11:36,210

noise as the boxes were about to be

1519

01:11:43,279 --> 01:11:37,470

moved and the curtain would have moved

1520

01:11:48,839 --> 01:11:47,309

again this hmm

1521

01:11:51,629 --> 01:11:48,849

Hillary poor take my herder Hill

1522

01:11:53,969 --> 01:11:51,639

reporter she's through a life is

1523

01:11:56,759 --> 01:11:53,979

experience many abductions sometimes

1524

01:11:59,899 --> 01:11:56,769

involving often involving grades and

1525

01:12:01,229 --> 01:11:59,909

sometimes involved in this hooded figure

1526

01:12:04,159 --> 01:12:01,239

now

1527

01:12:06,869 --> 01:12:04,169

one theory that I have is that the greys

1528

01:12:09,739 --> 01:12:06,879

this is the agenda they got of abducting

1529

01:12:12,179 --> 01:12:09,749

people and they reckon that this

1530

01:12:17,059 --> 01:12:12,189

hybridization program going on because

1531

01:12:19,349 --> 01:12:17,069

it does involve taking eggs and sperm

1532

01:12:21,719 --> 01:12:19,359

and then putting them back and then

1533

01:12:25,109 --> 01:12:21,729

taking the baby away in so many cases of

1534

01:12:26,549 --> 01:12:25,119

that and they seem to sometimes they

1535

01:12:28,290 --> 01:12:26,559

come out of the wall or they just appear

1536

01:12:30,719 --> 01:12:28,300

in the room and they can take the person

1537

01:12:34,040 --> 01:12:30,729

through solid mats through a solid wall

1538

01:12:36,389 --> 01:12:34,050

into a waiting craft

1539

01:12:38,729 --> 01:12:36,399

I'm convinced they're traveling either

1540

01:12:41,819 --> 01:12:38,739

they from another dimension or they're

1541

01:12:44,040 --> 01:12:41,829

coming via another dimension

1542

01:12:47,009 --> 01:12:44,050

bending space and time to cover the vast

1543

01:12:49,109 --> 01:12:47,019

distances or whatever and these portals

1544

01:12:51,540 --> 01:12:49,119

that they're opening I think they're on

1545

01:12:54,449 --> 01:12:51,550

the same frequency as what the shadow

1546

01:12:56,279 --> 01:12:54,459

people are using so you might look like

1547

01:13:00,239 --> 01:12:56,289

they working together but just might be

1548

01:13:02,099 --> 01:13:00,249

that when this when these portals are

1549

01:13:02,750 --> 01:13:02,109

opened and a bit on the taking people

1550

01:13:05,579 --> 01:13:02,760

when they're asleep

1551

01:13:08,399 --> 01:13:05,589

the people are induced lucid sleep

1552

01:13:11,540 --> 01:13:08,409

paralysis mode they often see the shadow

1553

01:13:13,679 --> 01:13:11,550

people at the same time as the greys

1554

01:13:20,429 --> 01:13:13,689

again I'm not an expert what do I know

1555

01:13:23,969 --> 01:13:20,439

but it's just a theory though I have new

1556

01:13:24,850 --> 01:13:23,979

Bien I'll show you you can to go home to

1557

01:13:29,510 --> 01:13:24,860

your beds

1558

01:13:34,230 --> 01:13:29,520

[Laughter]

1559

01:13:36,830 --> 01:13:34,240

I'll be next one last one over okay oh

1560

01:13:39,270 --> 01:13:36,840

yeah that's right

1561

01:13:41,270 --> 01:13:39,280

this is quite funny when Ashley cos it

1562

01:13:45,450 --> 01:13:41,280

was in broad daylight Ernest in Swansea

1563

01:13:48,210 --> 01:13:45,460

this is the 28th of July 2010 4:30 p.m.

1564

01:13:50,340 --> 01:13:48,220

the witness said I was walking through

1565

01:13:51,060 --> 01:13:50,350

Swansea back to my car near the council

1566

01:13:53,640 --> 01:13:51,070

offices

1567

01:13:56,100 --> 01:13:53,650

I don't fast the County all of the guilt

1568

01:13:58,290 --> 01:13:56,110

all of them and about half-past four he

1569

01:14:02,450 --> 01:13:58,300

was a dark Tuesday afternoon he was

1570

01:14:04,680 --> 01:14:02,460

raining slightly as a surprise raining I

1571

01:14:08,130 --> 01:14:04,690

looked up and saw what I believe was a

1572

01:14:09,510 --> 01:14:08,140

flying man in black this is not a joke I

1573

01:14:11,850 --> 01:14:09,520

don't know if it was a man shaped

1574

01:14:14,040 --> 01:14:11,860

balloon or a black bin bag caught in the

1575

01:14:17,190 --> 01:14:14,050

wind or a flying man in black but I was

1576

01:14:19,890 --> 01:14:17,200

very scared the figure glided across the

1577

01:14:21,810 --> 01:14:19,900

road and suddenly changed direction the

1578

01:14:25,770 --> 01:14:21,820

object was moving very slowly and was

1579

01:14:27,840 --> 01:14:25,780

almost gliding I would say it was 500

1580

01:14:28,920 --> 01:14:27,850

feet off above the ground it flew over

1581

01:14:31,800 --> 01:14:28,930

the top of some trees and then

1582

01:14:36,510 --> 01:14:31,810

disappeared from view please this is not

1583

01:14:37,980 --> 01:14:36,520

a wind-up so it was a rare occurrence of

1584

01:14:39,390 --> 01:14:37,990

something I'm saying that was a shadow

1585

01:14:42,510 --> 01:14:39,400

person they could just be never been

1586

01:14:45,060 --> 01:14:42,520

back if you don't know but he was shaped

1587

01:14:48,360 --> 01:14:45,070

like a man and he was black saw my box

1588

01:14:56,580 --> 01:14:48,370

this is shadow person and thank you very

1589

01:14:58,770 --> 01:14:56,590

much so loving thoughts out this whole

1590

01:15:09,200 --> 01:14:58,780

thing and if sometimes they'll bounce

1591

01:15:15,360 --> 01:15:14,010

and that's why I really yeah but when

1592

01:15:17,340 --> 01:15:15,370

you say that the one thing I'm polishing

1593

01:15:18,690 --> 01:15:17,350

upon the universal little thing is yeah

1594

01:15:20,580 --> 01:15:18,700

but if they're really long

1595

01:15:22,740 --> 01:15:20,590

you know what I mean is if they're

1596

01:15:25,980 --> 01:15:22,750

really low entities then I worry about

1597

01:15:30,020 --> 01:15:25,990

universal or they had something yeah not

1598

01:15:34,440 --> 01:15:30,030

all a paralysis is all of paralysis is

1599

01:15:37,620 --> 01:15:34,450

shadow people a lot of paralysis is us

1600

01:15:40,020 --> 01:15:37,630

another body when we sleep and when we

1601

01:15:43,470 --> 01:15:40,030

come back in sometimes we don't align

1602

01:15:46,110 --> 01:15:43,480

properly so we we experience a paralysis

1603

01:15:50,870 --> 01:15:46,120

well while our spirit bodies are trying

1604

01:15:53,070 --> 01:15:50,880

to realign with our our physical bodies

1605

01:15:55,980 --> 01:15:53,080

this has happened to me on number

1606

01:15:58,740 --> 01:15:55,990

occasions sometimes I've got out I do

1607

01:16:00,930 --> 01:15:58,750

get up the body clock quite often which

1608

01:16:07,980 --> 01:16:00,940

is how I come across Todd as well

1609

01:16:09,990 --> 01:16:07,990

through Lawrence as well sometimes I've

1610

01:16:11,940 --> 01:16:10,000

gone out and my eyes are not we're gonna

1611

01:16:15,060 --> 01:16:11,950

can't see and I'm trying to find my way

1612

01:16:17,580 --> 01:16:15,070

back to my body but when I get back in

1613

01:16:19,680 --> 01:16:17,590

and I can't move so that this goes on

1614

01:16:23,100 --> 01:16:19,690

you can be in that situation for 20

1615

01:16:25,980 --> 01:16:23,110

minutes a half-hour sometimes less so

1616

01:16:29,010 --> 01:16:25,990

not not all not all of it as bad and not

1617

01:16:32,130 --> 01:16:29,020

all of it are shadow people some of it

1618

01:16:33,720 --> 01:16:32,140

is quite scary but not you know

1619

01:16:35,550 --> 01:16:33,730

something that's gonna pass in the end

1620

01:16:40,580 --> 01:16:35,560

and we're gonna end up back in our

1621

01:16:40,590 --> 01:16:47,070

lady said and I was laid in my sight

1622

01:16:58,650 --> 01:16:53,820

and this thing and when it saw that it's

1623

01:17:09,210 --> 01:16:58,660

in my arms my chest I they trade the

1624

01:17:12,860 --> 01:17:09,220

screens to help it's always stayed but

1625

01:17:15,510 --> 01:17:12,870

when they spoke Boston Charles of them-

1626
01:17:17,010 --> 01:17:15,520
he said whether you your chakras broke

1627
01:17:19,860 --> 01:17:17,020
the balance or something like that that

1628
01:17:21,810 --> 01:17:19,870
it was actually there to help you but it

1629
01:17:24,030 --> 01:17:21,820
didn't seem like that is what we

1630
01:17:25,230 --> 01:17:24,040
interpret as well isn't it exactly

1631
01:17:29,150 --> 01:17:25,240
exactly

1632
01:17:31,680 --> 01:17:29,160
we lack of understanding - its fear and

1633
01:17:52,439 --> 01:17:31,690
then he could offer a doorway for them

1634
01:18:03,000 --> 01:17:58,919
I think I think the sleep paralysis

1635
01:18:05,550 --> 01:18:03,010
happens in between my believe us alpha

1636
01:18:07,550 --> 01:18:05,560
state it's a theater state only other

1637
01:18:10,250 --> 01:18:07,560
when we just didn't between waking and

1638
01:18:12,840 --> 01:18:10,260

consciousness or coming down from

1639

01:18:16,169 --> 01:18:12,850

consciousness into asleep so I think

1640

01:18:17,520 --> 01:18:16,179

it's that it's kind of sweet spot where

1641

01:18:18,840 --> 01:18:17,530

it's in happening and a lot of people

1642

01:18:21,479 --> 01:18:18,850

are aware because we're in that sweet

1643

01:18:23,370 --> 01:18:21,489

spot we don't wear or we'd happening so

1644

01:18:25,200 --> 01:18:23,380

but I think when it's sleeping

1645

01:18:27,810 --> 01:18:25,210

you've come down too far believers in

1646

01:18:30,360 --> 01:18:27,820

the Delta stayed there nor the Delta

1647

01:18:30,959 --> 01:18:30,370

wave where we we don't touch from all

1648

01:18:33,930 --> 01:18:30,969

out anyway

1649

01:18:55,620 --> 01:18:33,940

I mean so maybe we just traveling or in

1650

01:18:57,630 --> 01:18:55,630

such a deep sleep that way I mean that

1651
01:18:59,370 --> 01:18:57,640
does honestly people who sleepwalk I

1652
01:19:01,680 --> 01:18:59,380
don't think June REM when you're

1653
01:19:03,900 --> 01:19:01,690
actually physically incapacitated other

1654
01:19:12,189 --> 01:19:03,910
than perhaps you're about the functions

1655
01:19:38,290 --> 01:19:36,240
right to think yes didn't you I prevent

1656
01:19:40,120 --> 01:19:38,300
John was telling me about this earlier

1657
01:19:43,650 --> 01:19:40,130
there this evening on radio for there

1658
01:19:47,560 --> 01:19:43,660
was a program about sleep paralysis and

1659
01:20:03,420 --> 01:19:47,570
he'll be available on iPlayer so you can

1660
01:20:08,800 --> 01:20:06,430
yeah it comes up again with with the

1661
01:20:10,780 --> 01:20:08,810
alien abduction scenario that often

1662
01:20:16,540 --> 01:20:10,790
follows bloodlines and families this

1663
01:20:17,500 --> 01:20:16,550

Mallory I think I think it's probably

1664

01:20:20,650 --> 01:20:17,510

about the boat

1665

01:20:24,610 --> 01:20:20,660

both Lagoona I said oh right I got the

1666

01:20:27,420 --> 01:20:24,620

theory that whatever portal of the greys

1667

01:20:58,210 --> 01:20:27,430

are using to come in and out of our

1668

01:21:00,520 --> 01:20:58,220

dimension just my theory from what I've

1669

01:21:02,530 --> 01:21:00,530

lived into obviously there are medical

1670

01:21:04,750 --> 01:21:02,540

conditions like tinnitus and stuff like

1671

01:21:07,440 --> 01:21:04,760

that but I think a lot of it is we get

1672

01:21:11,170 --> 01:21:07,450

those frequencies in our ears

1673

01:21:13,030 --> 01:21:11,180

spontaneously yeah and I believe that's

1674

01:21:14,740 --> 01:21:13,040

the portals opening up I believe that

1675

01:21:17,830 --> 01:21:14,750

that's energy set has been activated

1676

01:21:25,630 --> 01:21:17,840

I know crystals in our brain start

1677

01:21:27,220 --> 01:21:25,640

vibrating and then we can he said did

1678

01:21:31,090 --> 01:21:27,230

quite often before we happens he gets

1679

01:21:40,379 --> 01:21:31,100

this ringing in his ears it's the

1680

01:21:46,830 --> 01:21:40,389

crystals it's gone mainstream now

1681

01:21:50,179 --> 01:21:46,840

a lot speeding the alternative

1682

01:21:52,080 --> 01:21:50,189

arena for a long time but obviously

1683

01:21:55,290 --> 01:21:52,090

science don't really want to give us

1684

01:21:57,299 --> 01:21:55,300

everything but when they force - they do

1685

01:21:59,429 --> 01:21:57,309

something about it but what they've said

1686

01:22:02,370 --> 01:21:59,439

about the crystals in our brain they've

1687

01:22:03,929 --> 01:22:02,380

named the crystals and I've said this it

1688

01:22:07,080 --> 01:22:03,939

will give us brain tumors and stuff like

1689

01:22:10,139 --> 01:22:07,090

that so it's just another thing to put

1690

01:22:12,569 --> 01:22:10,149

us off our true nature and what we are

1691

01:22:18,719 --> 01:22:12,579

and how we connect honest honest plain

1692

01:22:19,739 --> 01:22:18,729

honest grid thankful for coming and

1693

01:22:23,969 --> 01:22:19,749

you've missed you won't miss your

1694

01:22:48,860 --> 01:22:23,979

Halloween parties in this oh yeah I will

1695

01:22:58,100 --> 01:22:56,630

I think a lot of it happens yeah a lot

1696

01:23:01,070 --> 01:22:58,110

of the was going on on the astral and

1697

01:23:04,160 --> 01:23:01,080

spills over from what I've looked at

1698

01:23:08,510 --> 01:23:04,170

into our realm sometimes or these

1699

01:23:12,350 --> 01:23:08,520

specific areas physical areas where I

1700

01:23:13,370 --> 01:23:12,360

can give you an example for myself me

1701

01:23:16,730 --> 01:23:13,380

and my children

1702

01:23:22,280 --> 01:23:16,740

watched a big black ball going across

1703

01:23:26,980 --> 01:23:22,290

Swansea Bay on fire that ended up in the

1704

01:23:30,980 --> 01:23:26,990

poor school area the next day

1705

01:23:33,700 --> 01:23:30,990

apparently the Air Cadets crashed and

1706

01:23:37,190 --> 01:23:33,710

died but it give them an excuse to

1707

01:23:37,820 --> 01:23:37,200

cordon off all that area but I feel as

1708

01:23:39,830 --> 01:23:37,830

we saw it

1709

01:23:43,030 --> 01:23:39,840

they just wanted a lock what was in the

1710

01:23:45,170 --> 01:23:43,040

sea and I think stuff comes in and out

1711

01:23:48,410 --> 01:23:45,180

all the time have you looked at the

1712

01:23:51,830 --> 01:23:48,420

james casbolt stuff or Michael Prince on

1713

01:23:55,910 --> 01:23:51,840

YouTube he was actually a part of the

1714

01:23:59,270 --> 01:23:55,920

team that investigated these things

1715

01:24:03,590 --> 01:23:59,280

happening and he said if you see a road

1716

01:24:05,330 --> 01:24:03,600

blockage in your area or anywhere else

1717

01:24:08,300 --> 01:24:05,340

go on have a lot because he said more

1718

01:24:10,250 --> 01:24:08,310

after or not it's a downed UFO because

1719

01:24:13,220 --> 01:24:10,260

that's what's going on and it's

1720

01:24:16,400 --> 01:24:13,230

filtering not just sure on a physical

1721

01:24:19,550 --> 01:24:16,410

it's actually a full-on war going out on

1722

01:24:21,200 --> 01:24:19,560

the astral planes as well and filled in

1723

01:24:25,580 --> 01:24:21,210

sooth wasps and this is very interesting

1724

01:24:29,450 --> 01:24:25,590

because Todd after Mises mentions about

1725

01:24:32,750 --> 01:24:29,460

when he came up the body once but he was

1726

01:24:34,760 --> 01:24:32,760

met by some military personnel who took

1727

01:24:37,610 --> 01:24:34,770

him to a base on the astral planes and

1728

01:24:40,550 --> 01:24:37,620

asked him if he wanted a job which is

1729

01:24:42,430 --> 01:24:40,560

very interesting he turned it down but

1730

01:24:45,080 --> 01:24:42,440

they told him we have technology that's

1731

01:24:46,730 --> 01:24:45,090

able to get us at our bodies and keep us

1732

01:24:49,760 --> 01:24:46,740

out there longer they've also got

1733

01:24:52,250 --> 01:24:49,770

structures out there so it's this war is

1734

01:24:58,240 --> 01:24:52,260

you know it's my cellphone assist

1735

01:25:09,560 --> 01:25:06,440

yeah it's it's Hollywood that has given

1736

01:25:10,970 --> 01:25:09,570

us this perception of spirits and entity

1737

01:25:16,640 --> 01:25:10,980

and I think it's a lot more scientific

1738

01:25:19,070 --> 01:25:16,650

than than that and I'm again myself I

1739

01:25:20,540 --> 01:25:19,080

love the body a lot and they can tell

1740

01:25:24,050 --> 01:25:20,550

you when I'm out the body it's no

1741

01:25:25,820 --> 01:25:24,060

different to hear absolutely no

1742

01:25:29,090 --> 01:25:25,830

different I'm conversing with somebody

1743

01:25:32,360 --> 01:25:29,100

when you fully conscious out there it's

1744

01:25:34,010 --> 01:25:32,370

no different to talking to you guys so

1745

01:25:35,780 --> 01:25:34,020

it's these realms you know you've got

1746

01:25:37,580 --> 01:25:35,790

dimensions you got sub realities you've

1747

01:25:39,530 --> 01:25:37,590

got lower realms it's just just butt up

1748

01:25:58,690 --> 01:25:39,540

against us it's massive

1749

01:26:03,020 --> 01:26:01,280

a let me again thank you everybody for

1750

01:26:04,960 --> 01:26:03,030

coming out listen to us Abbot Renaud

1751

01:26:12,130 --> 01:26:04,970

there we are